

Snack Menu January 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Pop Tarts 4	String Cheese 5	Pepperoni/ Ritz 6	Muffins 7	Cinnamon Toast Crunch 8
Afternoon	Oatmeal Cake	Puffed Corn	Vanilla Wafers	Cheez Its	Star Crunch
Morning	Pecan Spins 11	Granola Bars 12	Cheese/Crackers 13	Bananas 14	Gogurt 15
Afternoon	Chex Mix	Goldfish	Teddy Grahams	Veggie Straws	PB Crackers
Morning	Fruit Loops 18	Pepperoni/ Ritz 19	Orange Rolls 20	Pop Tarts 21	Muffins 22
Afternoon	White Cheddar Cheez Its	Biscotti	Pringles	Fudge Rounds	Zebra Cakes
Morning	Gogurt 25	Cheese/Crackers 26	Apples 27	Granola Bars 28	Pecan Spins 29
Afternoon	Goldfish	Cookies	Nekot PB Cookies	Chex Mix	Iced Animal Cookies

*Juice or water served daily with snack

REMINDER: A substitute snack needs to be provided by the parent if your child is allergic to or will not eat an item on the menu. Menu subject to change based on availability.

Heritage Child Development Center

heritagecdc.net/334-279-0643