

September
2016

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Birds of Prey

Animal of the Month



ASSISTED LIVING FOR SENIORS

***Inside
Kokoro***

Our August Mini-Bus Excursion

On August 24th, we went on a three-point mini-bus trip which started at Sloat Blvd. Garden & Nursery, then moved on to the Rose Garden in Golden Gate Park and ended at the Military Intelligence Service (MIS) Learning Center located in the Presidio. As we started our excursion, it was hard to tell (as is with all S.F. summer days) whether we would be encountering drizzle while driving down the Great Highway, but the sun suddenly popped out as we were having our bento lunches and smelling the roses in the park! It was a day full of great sight-seeing and cool information!



A Touch of Hawai'i

Our annual Lu'au Party was enjoyed by residents, friends and family on the 20th of August. Kokoro's kitchen staff prepared a tasty menu which included such items as Kalua Pork, Lomi Salmon and Haupia Cake. In addition to these delicious selections, 33 members of JCCCNC Hula Sistas, lead by Mary Leong (Alaka'i, Instructor) entertained the attendees with several dances and vocal presentations. A truly impressive and emotion evoking performance...**Mahalo !!!**



**HAPPY
LABOR DAY**



Labor Day honors the American labor movement and the contributions that workers have made to the strength, prosperity, and well-being of the country. Beginning in the late 1880's, as trade and labor movements grew, unionists proposed that a day be set aside to celebrate labor. It became an official federal holiday in 1894.

Volunteers Needed

- **We can use your assistance ! Do you have an hour a month to assist in a group activity or to visit individually with a resident... for a friendly card game or talking about past or current topics in our garden...**



KOKORO
ASSISTED LIVING FOR SENIORS

Kokoro is owned by KALI and managed by NCP Senior Ventures, LLC

**Keiro No Hi - 敬老の日
Senior Appreciation Day - 9/19**



This Japanese national holiday traces its origins to 1947, when Hyōgo Prefecture proclaimed September 15 Old Folks' Day (Toshiyori no Hi). Its popularity spread nationwide, and in 1966 it took its present name and is celebrated on the third Monday in September. This day is reserved to acknowledge and honor the aged for their contributions. The media feature the elderly, highlighting the oldest people in the country.

CURIODYSSEY AT COYOTE POINT

Our next mini-bus trip will be to a junior museum in San Mateo. CuriOdyssey, formerly known as Coyote Point Museum, is an experiential science and wildlife center. It is part of the Coyote Point Recreation Area and the museum was founded in 1954. The animals at CuriOdyssey are all injured or imprinted in such a way that they would not survive in the wild. Most of the animals are native to California, though there are some animals that are housed here as part of the museum's special Animal Ambassador program. This trip is scheduled on Wednesday, September 21st.



Employee Appreciation !

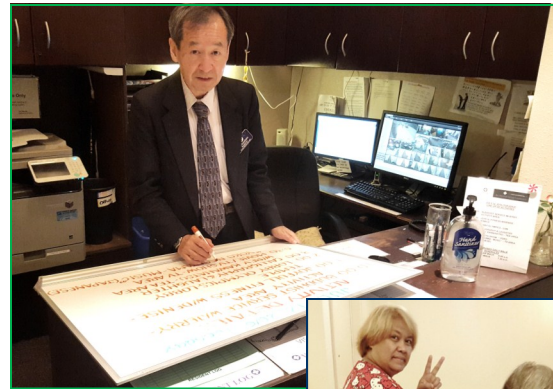
Let's take time to acknowledge the team members of Kokoro... Some days can be challenging and very intense, but it is due to your compassion and commitment toward your fellow beings which makes your contributions that much more meaningful. Those who are in your presence are directly and in-directly affected by your empathy and dedicated involvement. Thank you for sharing your smile and strength in making Kokoro a place to thrive.
**Thank you for being a link in this process !*



Kokoro Updates

Meetings w/ the Directors

- Sept. 09 Resident Care
- Sept. 12 Food/Houskeeping
- Sept. 16 Executive Director
- Sept. 18 Marketing
- Sept. 20 Activity



Gratitude for Our Hard Working Staff



More staff photos in next month's newsletter!

Contact Us

Mobile Phone Hotline:
415-286-6764
(Direct to Lead Res. Asst.- Anytime)

Main Telephone Number
415-776-8066 or 415-674-4276

Executive Director
Kirk Miyake-Ext. 12
kmiyake@kokoroassistedliving.org

Director of Sales & Marketing
Jimmy Murota-Ext. 11
jmurota@kokoroassistedliving.org

Director of Dining/Housekeeping
Roddy Kodama-Ext. 13
rkodama@kokoroassistedliving.org

Director of Activities
Grace Fujimoto-Ext. 15
gfujiimoto@kokoroassistedliving.org

Director of Resident Care
Naoko Jones-Ext. 16
njones@kokoroassistedliving.org

Employee of the Month



Rong-Fang Ni
August 2016

**WELCOME TO
KOKORO !**

**YASUKO & KEN
SHIMAHARA**

KEIKO FLETCHER



Barbara Nishiwaki 9/05

Terry Yoshinaka 9/10

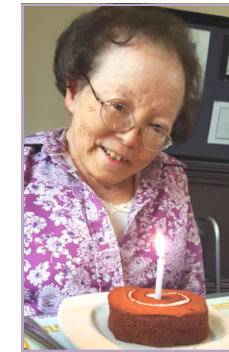
Kazuko Suzuki 9/23



*Acknowledging Our Supporters
Thank you very much!*

Aida Rodriguez
Akira Tsunoda
Amy Hanamoto
Aya Honda
Betty Tsugawa
Chikako Nakandakari
Claire Okuyama
Emiko Ogawa
Erika Shimahara
Fusako Hara
Hisako "Peko" Yamaguchi
& Singing Group
Jack Dairiki
Japanese American
Religious Federation
Jerry Bolick
June Pramualphol
Kaeko Inori
Katsunobu Yamabata
Kinya Matsuno
Linda Yamane
Lois Ohwa
Motoki Matsuura
Nagata Dance Group
Noriko Kashiwabara
Peggy Shih

Rose Ichiyasu
Setsuko Nakahara
Sharen Langewisch
Sharon Fujii
Shizuko Ikeda
SPCA Visitors
Sr. Elaine Stahl
Sumiko Nakamura
Sumiyo Brennan
Sunny Otsuka
Suzanne Yamada
Yae Okazaki



Kokoro Assisted Living
1881 Bush Street
San Francisco, CA 94109
Phone: 415-776-8066
Fax: 415-674-5941
www.kokoroassistedliving.org

