

# September - 9月

SUN

MON

TUE

WED

THU

FRI

SAT



**1**  
9:30 Calligraphy w/Emiko - ACT  
11:00 Stretch Bands w/Dick - TMP  
2:00 Cabaret w/Tom - TMP  
3:00 Carpet Bowling - ACT  
5:30 Movie/TV Show - TV

**2**  
9:30 Amy's Craft Time - TEA  
11:00 Strength Train w/Dick-TMP  
2:00 Bingo Bonanza - TEA  
3:00 Brain Power Game -TEA  
5:30 Movie/TV Show - TV Area

**3**  
10:00 TV Japan: News - TV Area  
11:00 Exercise w/Res Asst. - TMP  
12:00 TV Jp: Songs of JP Spirit-TV  
2:00 Brain Power Game - TEA  
3:00 Movie Matinee - TV Area  
5:30 Movie/TV Show - TV Area

**4**

10:00 TV Japan: Nodojiman - TV  
11:00 Rajio Taiso (Exercise) -TMP  
2:00 Balloon Fun - LOB  
3:00 TV Japan: News - TV Area  
5:30 Movie/TV Show - TV Area

**5**

10:00 Brain Power Puzzle - TEA  
11:00 Exercise w/Res.Asst - TMP  
2:00 Dowa and Doyo w/NorikoTMP  
3:00 Kayo DVD - TV Area  
5:30 Movie/TV Show -TV Area

**6**

9:30 Massage w/Aida - ACT  
11:00 Rajio Taiso/Exercise - TMP  
2:00 MeTV: Bonanza - TV  
3:00 Sketch Class w/Kinya - TEA  
5:30 Movie/TV Show -TV Area

**7**

10:00 Brain Power Game - TEA  
11:00 Dynamic Balance and Active Stability w/Dick - TMP  
1:30 Sing-along w/Peko-chan -TMP  
3:00 Black Jack w/Claire - TEA  
5:30 Movie/TV Show -TV Area

**8**

10:00 Bingo Bonanza - TEA  
11:00 Stretch Bands w/Dick - TMP  
1:00 Tea Ceremony w/Sunny-ACT  
3:00 MeTV: The Rifleman - TV  
5:30 Movie/TV Show - TV

**9**

10:00 Carpet Bowling - ACT  
11:00 Strength Train w/Dick-TMP  
**2:00 Resident Care Meeting with Naoko - TEA**  
2:30 From The Heart with Reverend Rodney - TEA  
5:30 Movie/TV Show - TV Area

**10**

10:00 SPCA Visit - LOB  
11:00 Exercise w/Res.Asst - TMP  
12:00 TV Jp: Songs of JP Spirit-TV  
2:00 TV Japan: News - TV Area  
3:00 Ball Toss - LOB  
5:30 Movie/TV Show -TV Area

**11**

10:00 TV Japan: Nodojiman - TV  
11:00 Rajio Taiso (Exercise) -TMP  
12:00 TV JP: Cheer Leading Contest - TV Area  
1:30 TV Jp: Sumo Wrestling - TV  
3:00 Brain Power Game - TEA  
5:30 Movie/TV Show - TV Area

**12**

9:30 Tai Chi w/Garrett Chinn - TMP  
11:00 Sr. Fit - TMP  
**1:00 Food Meeting w/Roddy -ACT**  
2:00 Dowa & Doyo w/Noriko-TMP  
3:00 Black Jack - TEA  
5:30 Movie/TV Show - TV Area

**13**

10:00 Buddhist Service w/Jerry -ACT  
11:00 Rajio Taiso/Exercise -TMP  
2:00 Manicure w/Setsuko - TEA  
3:00 Calligraphy & Laughter with Reverend Kawahatsu - TEA  
5:30 Movie /TV Show - TV Area

**14**

**10:00 Resident Council Meeting - TEA**  
11:00 Dynamic Balance and Active Stability w/Dick - TMP  
1:30 Sing-along w/Peko-chan -TMP  
3:00 Black Jack w/Claire - TEA  
5:30 Movie/TV Show - TV Area

**15**

10:00 Bingo Bonanza - TEA  
11:00 Stretch Bands w/Dick - TMP  
2:00 Easy Origami - TEA  
3:00 Coloring - TEA  
5:30 Movie/TV Show - TV

**16**

10:00 Drawing - TEA  
11:00 Strength Train w/Dick-TMP  
**1:00 Kirk's Chat w/Residents - TEA**  
2:00 Hiroshima University Student Visit - TEA  
5:30 Movie/TV Show - TV Area

**17**

10:00 SPCA Visit - LOB  
11:00 Exercise w/Res Asst. - TMP  
12:00 TV Jp: Songs of JP Spirit-TV  
2:00 TV Japan: News - TV Area  
3:00 Balloon Fun - LOB  
5:30 Movie/TV Show - TV Area

**18**

10:00 TV Japan: Nodojiman - TV  
11:00 Rajio Taiso (Exercise) -TMP  
1:30 TV Jp: Sumo Wrestling - TV  
**2:00 Stay Tuned w/Jimmy -TMP**  
3:00 Balloon Fun - LOB  
5:30 Movie/TV Show - TV Area

**19**

9:30 Tai Chi w/Garrett Chinn - TMP  
11:00 Chair Aerobics w/Kaeko -TMP  
2:00 KiiteMoraitai Performance -TMP  
3:00 Keiro No Hi Discussion - TEA  
5:30 Movie/TV Show -TV Area

**20**

9:30 Massage w/Aida - ACT  
11:00 Rajio Taiso/Exercise- TMP  
2:00 Activity Meeting - TEA  
3:00 Sketch Class w/Kinya - TEA  
5:30 Movie/TV Show -TV Area

**21**

**10:00 Bus Trip to Curiodyssey - Meet in Lobby**  
11:00 Dynamic Balance and Active Stability w/Dick - TMP  
1:30 Sing-along w/Peko-chan -TMP  
3:00 Brain Power Game - TEA  
5:30 Movie/TV Show - TV Area

**22**

10:00 Tea Ceremony w/Sunny-ACT  
11:00 Stretch Bands w/Dick - TMP  
2:00 Bingo Bonanza - TMP  
3:00 Coloring - TEA  
5:30 Movie/TV Show - TV Area

**23**

10:00 Art/Craft - TEA  
11:00 Strength Train w/Dick-TMP  
2:00 Black Jack -TEA  
3:00 Story-Telling w/Jean - TEA  
5:30 Movie/TV Show - TV Area

**24**

10:00 SPCA Visit - LOB  
11:00 Exercise w/Res.Asst - TMP  
12:00 TV Jp: Songs of JP Spirit-TV  
2:00 TV Japan: News - TV Area  
3:00 Toss Across Game - LOB  
5:30 Movie/TV Show -TV Area

**25**

10:00 TV Japan: Nodojiman - TV  
11:00 Rajio Taiso (Exercise) -TMP  
2:00 TV JP: Pop Music - TV Area  
3:00 Brain Power Game - TV Area  
5:30 Movie/TV Show - TV Area

**26**

9:30 Tai Chi w/Garrett Chinn - TMP  
11:00 Chair Aerobics w/Kaeko -TMP  
2:00 Dowa & Doyo w/Noriko- TMP  
3:00 Black Jack- TEA  
5:30 Movie/TV Show - TV Area

**27**

10:00 Carpet Bowling - ACT  
11:00 Rajio Taiso/Exercise - TMP  
2:00 Manicure w/Setsuko - TEA  
3:00 Brain Power Game - TEA  
5:30 Movie/TV Show -TV Area

**28**

10:00 Brain Power Game - TEA  
11:00 Dynamic Balance and Active Stability w/Dick - TMP  
1:30 Sing-along w/Peko-chan -TMP  
3:00 Chikako Art - TEA  
5:30 Movie/TV Show - TV Area

**29**

9:30 Calligraphy w/Emiko - ACT  
11:00 Stretch Bands w/Dick - TMP  
2:00 TV Jp: News/Health Today  
3:00 Garden Club - CYD  
5:30 Movie/TV Show - TV Area

**30**

10:00 Bingo Bonanza - TEA  
11:00 Strength Train w/Dick-TMP  
**2:00 Monthly Calendar Making - TEA**  
5:30 Movie/TV Show - TV Area



## Location Key:

**TEA-Tea Area (4th Fl.)**  
**ACT-Activity Area (4th Fl.)**  
**CYD-Courtyard**  
**TMP-Temple/Dining**  
**LOB-Lobby**



**DAILY ESCORTED WALK**

9:00AM  
&  
1:30PM

**CATHOLIC COMMUNION**

With Sister Elaine  
of St. Mary's Cathedral

Thursdays at 1:30pm  
Temple. All are welcome.

**NOTE:**  
**ACTIVITIES**  
**ARE SUBJECT**  
**TO CHANGE**

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Bodies

Nice Birthday Suit, JIM!



Happy Birthdays and there were more!



Hula Sistas



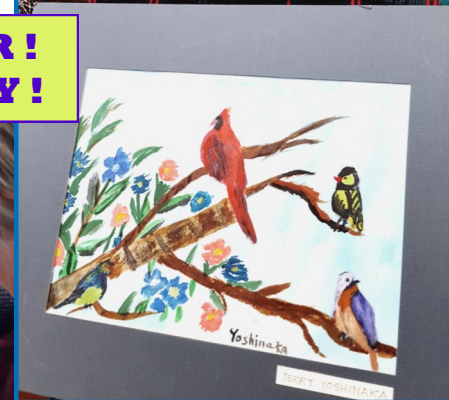
Chouchin (Lantern) making at Amy's monthly crafts class



A "From The Heart" visit from Reverend G.Suzuki and Pastor H.Suzuki (Christ United Presbyterian Church)



BEFORE & AFTER! Good Goin' TERRY!



Military Intelligence Service Historic



Smelling the Roses and Lunch at the G.G. Park Rose Garden



Look at these Spectacular Succulents!



"This is why I wanted to come..." as Joy proudly points out her husband Seizo's name on the MIS Honor Wall.



This is what happens when you combine these gentlemen, toilet paper and a goal to present us with a wedding suit (???).. So proud of their Creation...