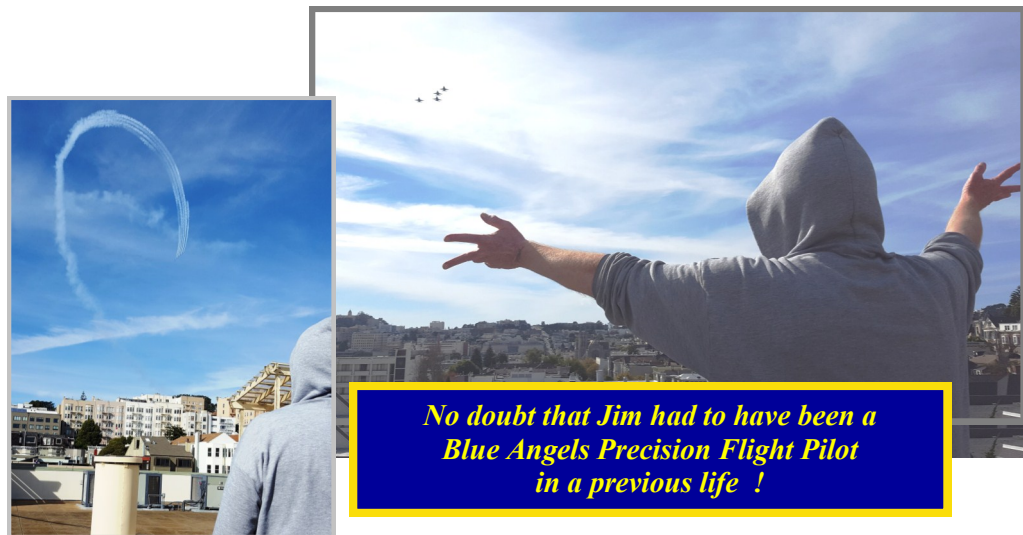




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No doubt that Jim had to have been a Blue Angels Precision Flight Pilot in a previous life !



Dixie's HUGE birthday cake ! Watch out, Kirk's eyeing it too !!!



December is the time of year when we acknowledge our dedicated supporting staff who are here for our residents 24 hrs./day, 7days a week. Donations and comments may be placed in the rent box located by the reception desk. Please place a note that the donation is for staff appreciation. Thank You in advance for your contributions to the Kokoro Employee Holiday Fund. Your checks can be made out to "Kokoro". Your thoughtful gifts will be distributed to the staff. 😊



Jean's Back !!! Story-Telling, 3rd Friday of each month... the visual are great, but closing your eyes and just enjoying the calm of Jean's voice is a wonderful experience too !



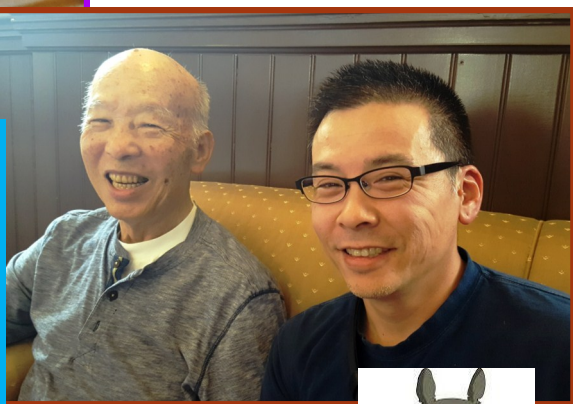
How many Totoro.s do you see ?



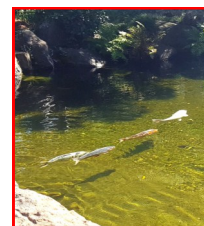
Lunch and a Swing-set at San Felipe Park followed by a nice stroll at the Hayward Japanese Garden... what could be more fun !



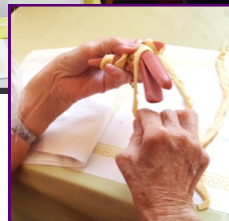
Happy Birthday to you Yoka-san !



Proud Kitchen Creations by our one and only Johnny with lovely assistant Margaret !!!



This month's creation: WEENIE MUMMIES



November - 11月

SUN

MON

TUE

WED

THU

FRI

SAT



DAILY ESCORTED WALK

9:00AM
&
1:30PM



CATHOLIC COMMUNION
With Sister Elaine
of St. Mary's Cathedral

Thursdays at 1:30pm
Temple. All are welcome.



Memo:

Memo:

	1	2	3	4	5
	9:30 Massage w/Aida - ACT 11:00 Rajio Taiso/Exercise - TMP 2:00 Bingo Bonanza - TEA 3:00 Sketch Class w/Kinya - TEA 5:30 Movie/TV Show -TV	10:00 Songs of School Days - LOB 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Black Jack w/Claire - TEA 5:30 Movie/TV Show -TV	9:30 Calligraphy w/Emiko - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret w/Tom - TMP 3:00 Dragonfly Discussion -TEA 5:30 Movie/TV Show - TV	9:30 Amy's Craft Time - TEA 11:00 Strength Train w/Dick-TMP 2:00 Happy Hour w/Tetchie - TEA Area 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	10:00 SPCAVisit - Lobby 11:00 Exercise w/Res Asst. - TMP 12:00 TV Jp: Songs of JP Spirit -TV 2:00 Movie Matinee - TV Area 5:30 Movie/TV Show - TV
6	7	8	9	10	11
10:00 TV Japan: Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 2:00 SF Conservatory of Music -TMP 3:00 TV Japan: News - TV 5:30 Movie/TV Show - TV	10:00 Tai-Chi w/Garrett - ACT 11:00 Sr. Fitness - TMP 1:00 Food Meeting w/Roddy- ACT 2:00 Dowa and Doyo w/NorikoTMP 3:00 Black Jack w/Claire - TEA 5:30 Movie/TV Show -TV	10:00 Buddhist Service w/Jerry -ACT 11:00 Rajio Taiso/Exercise - TMP 2:00 Bingo Bonanza - TEA 3:00 Calligraphy & Laughter w/Rev. Kawahatsu - TEA 5:30 Movie/TV Show -TV	10:00 Resident Council Meeting - TEA 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Brain Power Game/Puzzle 5:30 Movie/TV Show -TV	10:00 Brain Powver Game/Puzzle - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Johnny's Kitchen Creations - TEA 5:30 Movie/TV Show - TV	10:00 Carpet Bowling—ACT 11:00 Strength Train w/Dick-TMP 2:00 Manicure w/Emiko - TEA 3:00 Shall We Dance w/Jack - TMP 5:30 Movie/TV Show - TV
13	14	15	16	17	18
10:00 TV Japan: Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 2:00 Balloon Fun - LOB 3:00 TV Japan: News - TV 5:30 Movie/TV Show - TV	9:30 Tai Chi w/Garrett Chinn - TMP 11:00 Sr. Fitness - TMP 2:00 Dowa & Doyo w/Noriko-TMP 3:00 Black Jack - TEA 5:30 Movie/TV Show - TV	9:30 Massage w/Aida 11:00 Rajio Taiso/Exercise -TMP 2:00 JARF "Fron the Heart" Visit by Rev. Low-Skinner - ACT 3:00 Sketch Class w/Kinya - TEA 5:30 Movie /TV Show - TV	10:00 Stonestown/GGPark Mini Bus Outing 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Brain Power Puzzle - TEA 5:30 Movie/TV Show - TV	9:30 Calligraphy w/Emiko - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Odori Performance with Fujimoto-Sensei & Kimochi Odori Group - TMP 5:30 Movie/TV Show - TV	10:00 Tea Ceremony w/SunnyACT 11:00 Strength Train w/Dick-TMP 2:00 Activity Meeting - TEA 3:00 Story-Telling w/Jean - TEA 5:30 Movie/TV Show - TV
20	21	22	23	24	25
10:00 TV Japan: Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:30 Tv Jp: Sumo Tourney - TV 2:00 Stay Tuned w/Jimmy – LOB 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV	9:30 Tai Chi w/Garrett Chinn - TMP 11:00 Sr. Fitness -TMP 2:00 Dowa & Doyo w/Noriko -TMP 3:00 Black Jack - TEA 5:30 Movie/TV Show -TV	10:00 Arts/Crafts - TEA 11:00 Rajio Taiso/Exercise- TMP 2:00 JARF Inter-Faith Thanksgiving Visit - TMP 3:30 Sketch Class w/Kinya - TEA 5:30 Movie/TV Show -TV	10:00 Songs of School Days - LOB 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Charming Crafts w/Chikako - TEA 5:30 Movie/TV Show - TV	10:00 Macys Thanksgiving Day Parade - TV 11:00 Exercise w/RA - TMP 2:00 Movie Matinee - TV 3:00 Brain Power Game - TEA 5:30 Movie/TV Show - TV	9:30 Tea Ceremony - ACT 11:00 Strength Train w/Dick-TMP 2:00 Manicure w/Emiko - TEA 2:30 Resident Care Meeting w/ Naoko - TEA 3:00 Jack's Travelogue 5:30 Movie/TV Show - TV
27	28	29	30	Location Key:	
10:00 TV Japan: Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:00 TV Jp: Amazing Insects - TV 1:30 TV Jp: Sumo Tourney - TV 3:00 Brain Power Puzzle- TEA 5:30 Movie/TV Show - TV	9:30 Tai Chi w/Garrett Chinn - TMP 11:00 Sr. Fitness -TMP 2:00 Dowa & Doyo w/Noriko- TMP 3:00 Black Jack - TEA 5:30 Movie/TV Show - TV	10:00 Calendar Making - TEA 11:00 Rajio Taiso/Exercise - TMP 2:00 Garden Club - CYD 3:00 Kirk's Chat - TEA 5:30 Movie/TV Show -TV	10:00 Brain Power Puzzle - TEA 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Drawing - TEA 5:30 Movie/TV Show - TV	NOTE: ACTIVITIES ARE SUBJECT TO CHANGE	
				<p>PUBLICATION ISSUED BY: Kokoro Assisted Living 1881 Bush Street San Francisco, CA 94109 Phone (415)776-8066 Fax (415)674-5941 www.kokoroassistedliving.org License #385600235</p>	

Location Key:

TEA-Tea Area (4th Fl.)
ACT-Activity Area (4th Fl.)
CYD-Courtyard
TMP-Temple/Dining
LOB-Lobby

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