


May - 5月 Mother's Day!

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 SPCA w/Angela & Eric -LOB 11:00 Exercise w/Res Asst. - TMP 2:00 Balloon Fun w/Resident Assistant - LOB 3:00 Concert: SF Conservatory of Music Students - TMP 5:30 Movie/TV Show - TV Area	2 9:30 Tai Chi w/Garrett Chinn - ACT 11:00 Senior Fitness Exercise - TMP 1:00 Music Appreciation -TEA 2:00 Dowa & Doyo w/Noriko-TMP 5:30 Movie/TV Show - TV Area	3 9:30 Massage Therapy w/Aida-ACT 11:00 Senior Fitness - TMP 2:15 Song Birds Performance - TMP 3:00 Sketch Class w/Kinya - TEA 5:30 Movie/TV Show -TV Area	4 10:00 Blackjack Tournament-TEA 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Tango No Sekku -TEA 5:30 Movie/TV Show -TV Area	5 9:30 Calligraphy w/Emiko-TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret Hour w/Tom - TMP 3:00 Brain Power - TEA 5:30 Movie/TV Show - TV Area	6 10:00 Amy's Craft Time - TEA 11:00 Strength Training w/ Dick - TMP 2:00 Bingo Bonanza - TEA 3:00 Fruit of the Month - TEA 5:30 Movie/TV Show - TV Area	7 10:00 View TV Japan - TMP 11:00 Exercise w/Res Asst. - TMP 2:00 Brain Power w/Res. Asst - TEA 3:00 Bingo w/Resident Assistant. - TEA 5:30 Movie/TV Show - TV Area
8 10:00 Word Search Game Residential Asst. - TEA 10:45 Exercise w/Res.Asst -TMP 11:30 Nagata Dance Group TMP 2:00 Viewing TV Japan - TV Area 3:00 Bingo w/Res. Assist - LOB 5:30 Movie/TV Show - TV Area	9 9:30 Tai Chi w/Garrett -ACT 11:15 Chair Aerobics w/Kaeko - TMP 1:00 SPCA Charlie & Winston-LOB 2:00 Dowa & Doyo w/Noriko - TMP 3:00 History: Mother's Day -TEA 5:30 Movie/TV Show - TV Area	10 10:00 Buddhist Service w/Jerry-ACT 11:00 Joyful Fitness w/Denise - TMP 2:00 Manicure w/Emi & Sets - TEA 3:00 Calligraphy & Laughter w/ Rev.Kawahatsu - TEA 5:30 Movie/TV Show -TV Area	11 10:00 Resident Council -TEA 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Actors: Humphrey Bogart -TEA 5:30 Movie/TV Show -TV Area	12 10:00 Bingo Bonanza - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Tea Ceremony w/Sunny-ACT 3:00 En Espanol w/Ronda - ACT 5:30 Movie/TV Show - TV Area	13 10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick - TMP 1:00 Bingo Bonanza - TEA 2:00 Meeting w/Kirk -TMP 2:30 Brain Game-TEA 5:30 Movie/TV Show - TV Area	14 10:00 Shall We Dance w/Jack Dairiki - TMP 11:00 Exercise w/Res.Asst - TMP 2:00 View TV Japan-TV AREA 3:00 Balloon Toss w/Residential Assistant - LOB 5:30 Movie/TV Show -TV Area
15 10:00 TV Japan Viewing - TV Area 11:00 Exercise w/Res. Asst - TMP 2:00 Balloon Fun w/Res.Asst - TEA 3:00 Brain Power w/Res.Asst - TEA 5:30 Movie/TV Show-TV Area	16 9:30 Tai Chi w/Garrett Chinn - ACT 11:00 Senior Fitness - TMP 1:00 SPCA w/Nga & Scooby -LOB 2:00 Dowa & Doyo w/Noriko-TMP 3:00 Word Search Games - TEA 5:30 Movie/TV Show - TV Area	17 10:00 Massage w/Aida - ACT 11:00 Senior Fitness -TMP 2:00 Balloon Fitness w/Rev.Yano - LOB 3:00 Sketch Class w/Kinya - TEA 5:30 Movie /TV Show - TV Area	18 10:00 Blackjack Tournament - TEA 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 US States: Wyoming - TEA 5:30 Movie/TV Show - TV Area	19 9:30 Calligraphy w/Emiko -TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Activities Meeting -TEA 3:00 Japan Regional Information: Sado Island - TEA 5:30 Movie/TV Show - TV Area	20 10:00 Lobby Olympics - ACT 11:00 Strength Training w/Dick - TMP 2:00 Garden Club and Garden Fun- CYD 3:00 Brain Game - TEA Area 5:30 Movie/TV Show - TV Area	21 10:00 View TV Japan - TV Area 11:00 Exercise w/Res. Asst -TMP 2:00 Babanuki Card Game-TEA 3:00 Bingo w/Residential Assistant - TEA 5:30 Movie/TV Show -TV Area
22 10:00 Exercise w/Res. Asst - TMP 11:00 SPCA w/Lara & Billie or Aurora (Bunny !) 2:00 Bingo w/Resident Asst -TEA 3:00 Stay Tuned w/Jimmy - TMP 5:30 Movie/TV Show - TV Area	23 9:30 Tai Chi w/Garrett Chinn - ACT 11:15 Chair Aerobics w/Kaeko - TMP 2:00 Dowa and Doyo w/Noriko 2:30 Special Guest from Japan: Baisho Matsumoto - Tsugaru Shamisen Performance -TMP 5:30 Movie/TV Show -TV Area	24 10:00 Prefectures of Japan: Fukuoka - TEA 11:00 Senior Fitness - TMP 2:00 Manicure w/Setsuko & Emiko - TEA 3:00 Craft Work - TEA 5:30 Movie/TV Show -TV Area	25 10:00 Bus Trip to San Mateo Tea Garden - Meet in LOB 11:00 Dynamic Balance and Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan -TMP 3:00 Blackjack Tournament - TEA 5:30 Movie/TV Show - TV Area	26 9:30 Calligraphy w/Emiko - ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Volunteer Appreciation Party - TMP 5:30 Movie/TV Show - TV Area	27 10:00 Tea Ceremony w/Sunny - ACT 11:00 Strength Training w/Dick 2:00 Resident Care Update w/Naoko - TEA 2:30 History: Memorial Day 5:30 Movie/TV Show - TV Area	28 10:00 Jack's Travelogue - TV Area 11:00 Exercise w/Res. Asst -TMP 2:00 Balloon Fun w/Resident Assistant -LOB 3:00 Brain Power w/ResAsst-TEA 5:30 Movie/TV Show - TV Area
29 10:00 Brain Power w/Resident Asst - TEA 11:00 Exercise w/Res. Asst -TMP 2:00 Bingo w/Res Asst - TEA 3:00 Viewing TV Japan - TV Area 5:30 Movie/TV Show - TV Area	30 9:30 Tai Chi w/Garrett Chinn - ACT 11:00 Exercise w/Resident Asst- TMP 2:00 Dowa & Doyo w/Noriko- TMP 3:00 Brain Power w/Resident Asst. - TEA 5:30 Movie/TV Show - TV Area	31 10:00 History: Ghirardelli Chocolates - TEA 11:00 Senior Fitness - TMP 2:00 Manicure w/Setsuko & Emiko - TEA 3:00 Happy Hour - CYD 5:30 Movie/TV Show -TV Area	 <p>Picnic on Treasure Island - Mini-Bus Trip</p>	 <p>Takara Sake Museum - Mini-Bus Trip</p>	 <p>Takara Sake Museum - Mini-Bus Trip</p>	 <p>Takara Sake Museum - Mini-Bus Trip</p>

Location Key:

TEA-Tea Area (4th Fl.)
ACT-Activity Area (4th Fl.)
CYD-Courtyard
TMP-Temple/Dining
LOB-Lobby



DAILY ESCORTED WALK

9:00AM
&
1:30PM

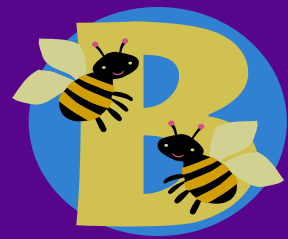
CATHOLIC COMMUNION

With Sister Elaine
of St. Mary's Cathedral

Thursdays at 1:30pm
Temple. All are welcome.

NOTE:
ACTIVITIES
ARE SUBJECT
TO CHANGE

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Bodies



Sumi receiving award for her volunteerism and many contributions (above). Mr. Kawamura making new friends with the Shiba Inu Fanciers of America (below).



This is some of what we saw at the 49th Cherry Blossom Festival Parade !!!



Enka Singer Eiji Natsuki, here from Japan for the Cherry Blossom Festival, also performed to a very enthusiastic audience at Kokoro. So much jubilant energy, so much audience participation... this has become a very memorable April 13th for all !!!



Alice prepping her Sakura Matsuri project at Amy's Craft class... Jane's finished product... Good Job Ladies !



Kinya's Sketch Class has morphed into much more... ~ Frances and Kinya discuss details and strategies. ~ Such Talent.

Water-color can be fun and full of happy accidents, but this is the real deal... Good Eye Sumi !!!



Yes, you read correctly... **Roof Top Garden Stay** connected for more information during the up-coming months. (L: Paul Fujii, Sumi Suda, Gary Hoshiyama, Steve Suzuki)



Happy, Shiny People !

