

June - 6月

SUN MON TUE WED THU FRI SAT



1
10:00 Blackjack Tournament-TEA
11:00 Dynamic Balance and Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Actors: Shirley Temple -TEA
5:30 Movie/TV Show -TV Area

2
9:30 Calligraphy w/Emiko-TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Cabaret Hour w/Tom - TMP
3:00 Brain Power Game - TEA
5:30 Movie/TV Show - TV Area

3
10:00 Amy's Craft Time - TEA
11:00 Strength Training w/ Dick - TMP
2:00 Bingo Bonanza - TEA
3:00 National Donut Day - TEA
5:30 Movie/TV Show - TV Area

4
10:00 View TV Japan - TMP
11:00 Exercise w/Res Asst. - TMP
2:15 TV JP: SanadaMaru-TV Area
3:00 Brain Power Game—TEA
5:30 Movie/TV Show - TV Area

5
10:00 TV Japan: Nodojiman - TV
11:00 Exercise w/Res.Asst -TMP
2:00 Viewing TV Japan - TV Area
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV Area

6
9:30 Tai Chi w/Garrett -ACT
11:00 Chair Aerobics w/Kaeko - TMP
1:00 Food Meeting w/Roddy- ACT
2:00 Dowa & Doyo w/Noriko - TMP
5:30 Movie/TV Show - TV Area

7
9:30 Massage w/Aida - ACT
11:00 Sr. Fitness - TMP
2:00 Brain Power Game - TEA
3:00 Sketch Class w/Kinya - TEA
5:30 Movie/TV Show -TV Area

8
10:00 Resident Council -TEA
11:00 Dynamic Balance and Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Craft w/Sister Abe - TEA
5:30 Movie/TV Show -TV Area

9
9:30 Calligraphy w/Emiko- TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Lobby Olympics - LOB
3:00 Animal of the Month - TEA
5:30 Movie/TV Show - TV Area

10
10:00 Tea Ceremony w/Sunny - ACT
11:00 Strength Training w/Dick - TMP
2:00 Manicure w/Emiko -TEA
3:00 Osaka Miso - TEA
5:30 Movie/TV Show - TV Area

11
10:00 Shall We Dance w/Jack Dairiki - TMP
11:00 Exercise w/Res.Asst - TMP
2:15 Shamisen & Minyo—TMP
3:00 Balloon Fun - LOB
5:30 Movie/TV Show -TV Area

12
10:00 SPCA Visit: Angela/Eric & Fillmore - LOB
11:00 Exercise w/Res.Asst -TMP
2:00 Viewing TV Japan - TV Area
3:00 Brain Power Game - TEA
5:30 Movie/TV Show - TV Area

13
9:30 Tai Chi w/Garrett Chinn - ACT
11:00 Senior Fitness - TMP
2:00 Dowa & Doyo w/Noriko-TMP
3:00 Brain Power Game - TEA
5:30 Movie/TV Show - TV Area

14
10:00 Buddhist Service w/Jerry- ACT
11:00 Senior Fitness -TMP
2:00 Activity Meeting - TEA
3:00 Calligraphy & Laugh w/ Rev. Kawahatsu - TEA
5:30 Movie /TV Show - TV Area

15
10:00 Black Jack Tournament - TEA
11:00 Dynamic Balance and Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Fruit of the Month - TEA
5:30 Movie/TV Show - TV Area

16
9:45 Visit by Students from Japan - TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Cabaret Hour w/Tom - TMP
3:00 Carpet Bowling - ACT
5:30 Movie/TV Show - TV Area

17
10:00 Tea Ceremony w/Sunny - ACT
11:00 Strength Training w/Dick - TMP
2:00 Resident Care Mtg -TEA
2:30 Father's Day: History - TEA
5:30 Movie/TV Show - TV Area

18
10:00 View TV Japan - TMP
11:00 Exercise w/Res Asst. - TMP
2:00 OPEN HOUSE
2:00 Babanuki w/Emiko - TEA
3:00 Movie Matinee - TMP
5:30 Movie/TV Show - TV Area

19
10:00 TV Japan: Nodojiman - TV
11:00 Exercise w/Res.Asst -TMP
2:00 Viewing TV Japan - TV Area
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV Area

20
9:30 Tai Chi w/Garrett Chinn - ACT
11:00 Sr. Fitness - TMP
1:00 Kitemoraitai Chorus - TMP
2:00 Dowa and Doyo w/NorikoTMP
3:00 SPCA Visit: Nga & Scooby LOB
5:30 Movie/TV Show -TV Area

21
9:30 Massage w/Aida - ACT
11:00 Senior Fitness - TMP
2:00 Blackjack Tournament - TEA
3:00 Sketch Class w/Kinya- TEA
5:30 Movie/TV Show -TV Area

22
10:00 Bus Trip to Graton Casino - Meet in LOB
11:00 Dynamic Balance and Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Bingo Bonanza - TEA
5:30 Movie/TV Show - TV Area

23
9:30 Calligraphy w/Emiko - ACT
11:00 Stretch Bands w/Dick - TMP
2:00 Black Jack w/Claire—TEA
3:00 En Espanol w/Ronda -ACT
5:30 Movie/TV Show - TV Area

24
10:00 Bingo Bonanza - TEA
11:00 Strength Training w/Dick
2:00 Manicure w/Emiko -TEA
3:00 Garden Club - CYD
5:30 Movie/TV Show - TV Area

25
10:00 Jack's Travelogue - TMP
11:00 Exercise w/Res.Asst - TMP
2:00 Family Meeting - ACT
3:00 TV Japan - TV Area
5:30 Movie/TV Show -TV Area

26
10:00 Exercise w/Res.Asst -TMP
11:00 SPCA Visit: Lara & Billie or Aurora - LOB
1:00 Stay Tuned w/Jimmy TMP
2:00 Viewing TV Japan - TV Area
3:00 Brain Power Game—TEA
5:30 Movie/TV Show - TV Area

27
9:30 Tai Chi w/Garrett Chinn - ACT
11:00 Sr. Fitness - TMP
12:00 Piano w/Tiffany
2:00 Dowa & Doyo w/Noriko- TMP
3:00 Brain Power - TEA
5:30 Movie/TV Show - TV Area

28
10:00 History: June Birthdays - TEA
11:00 Senior Fitness - TMP
2:00 Black Jack w/Claire - TEA
3:00 Happy Hour - CYD
5:30 Movie/TV Show -TV Area

29
10:00 Art/Craft - TEA
11:00 Dynamic Balance and Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Lobby Olympics - LOB
5:30 Movie/TV Show - TV Area

30
9:30 Calligraphy w/Emiko—TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Bingo Bonanza - TEA
3:00 Meeting w/Kirk - TEA
5:30 Movie/TV Show - TV Area



ACCESS - SFUSD

Location Key:

TEA-Tea Area (4th Fl.)
ACT-Activity Area (4th Fl.)
CYD-Courtyard
TMP-Temple/Dining
LOB-Lobby



DAILY ESCORTED WALK

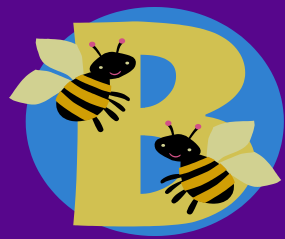
9:00AM
&
1:30PM

CATHOLIC COMMUNION
With Sister Elaine
of St. Mary's Cathedral

Thursdays at 1:30pm
Temple. All are welcome.

NOTE:
ACTIVITIES
ARE SUBJECT
TO CHANGE

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Kokoro Assisted Living
1881 Bush Street
San Francisco, CA 94109
Phone (415)776-8066
Fax (415)674-5941
www.kokoroassistedliving.org
License #385600235



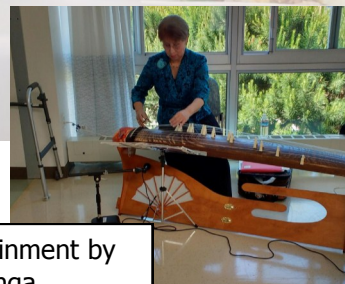
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Just In Case You Missed It...
* Cooking From The Heart
Annual Fundraiser, April 30th



Special Koto Entertainment by
Tamie Kooyenga



America's Really Got Talent !

Hosted weekly by Peko-chan ☺



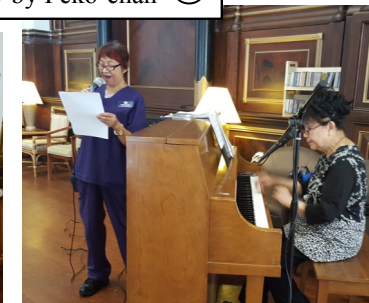
Sister Elaine (Cathedral of St. Mary of the Assumption) visits weekly to offer Holy Communion. You are welcome to join !



SPCA Volunteers:
Charlie and Winston



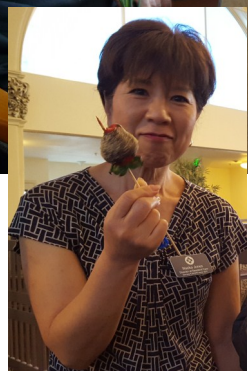
Claire's Casino - She runs a tight game !!!
"Hit me Claire..."



Aida serving since Kokoro's opening...



"Mother's Day Goodies Ala Jaime" - Our very talented LVN



Sunny performing Tea Ceremony. Learned in the Urasenke style of Ocha.



Examining a unique bowl for tea.



Amy, Thanks for ALWAYS preparing a FUN crafts class for us! We have such a GOOD TIME !!!