

July
2016

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Rabbit

(Usagi - うさぎ)

Animal of the Month



Inside Kokoro

Casino Anyone ???

Our off-site trip was to Graton Casino on June 22nd. An ADA compliant mini-bus was chartered and bento lunches were enjoyed by the residents. The initial reaction was that of “dazzle and delight” at the lights and glitz.



Energy was strong in the air and so were the wills of our participants ! Everyone had such a wonderful time... Thanks to our volunteer escorts and to all of our donors without whom we could not have had this great excursion !

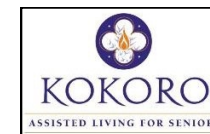
*Arigatou gozaimasu.

A Successful Open House Event !



Kokoro celebrated the 110th Anniversary of Japantown in San Francisco’s Western Addition with an Open House on June 18th. 85 guests honored the early settlement of Japantown with musical performances by Ms. Tamie Kooyenga and special refreshments which were prepared by Chef Taka Nagamine and the staff of Kokoro’s kitchen. Also participating were Board members, Gary Hoshiyama and John Kikuchi.

Thank you all for your support !



INDEPENDENCE DAY



On July 4, 1776, the Continental Congress declared that the thirteen American colonies regarded themselves as a new nation, the United States of America, and no longer part of the British Empire.

Happy Birthday U.S.A. !

Volunteers Needed

- **Light Gardening Assistance**
* watering, sprucing, etc. in our Courtyard
- **July 20 (Wed)**
10am - Escorts for an off-site trip to Crab Cove in Alameda
- **July 24 (Sunday)**
1pm - Escort to Bon Odori (2 block walk)



Kokoro is owned by KALI and managed by NCP Senior Ventures, LLC

BON ODORI - SUNDAY, JULY 24TH AT THE BUDDHIST CHURCH OF SAN FRANCISCO

Obon (お盆) or Bon (盆) is a Japanese Buddhist custom to honor the spirits of one's ancestors. This Buddhist-Confucian custom has evolved into a family reunion holiday during which people return to ancestral family places and visit and clean their ancestors' graves, and when the spirits of ancestors are supposed to revisit the household altars. It has been celebrated in Japan for more than 500 years and traditionally includes a dance, known as Bon-Odori.



TANABATA STAR FESTIVAL



Tanabata (七夕) meaning "Evening of the seventh" also known as the Star Festival, is a Japanese festival originating from the Chinese Qixi Festival. It celebrates the meeting of the deities Orihime and Hikoboshi (represented by the stars Vega and Altair respectively). According to legend, the Milky Way separates these lovers, and they are allowed to meet only once a year on the seventh day of the seventh lunar month. This festival gained widespread popularity amongst the general public by the early Edo period, when it became mixed with various Obon or Bon traditions (because Bon was held on 15th of the seventh month then), and developed into the modern Tanabata festival. In present-day Japan, people generally celebrate this day by writing wishes, sometimes in the form of poetry, on *tanzaku* (短冊 *tanzaku*), small pieces of paper, and hanging them on bamboo, sometimes with other decorations on what is sometimes call a Wish Tree.



Crab Cove Visitor's Center

July 20 (Wed), 10:30am - Bus Trip -

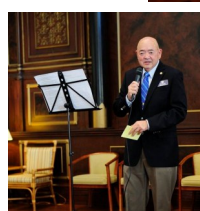
You can see Bay creatures in the 800-gallon aquarium system and also see amazing depictions of the underwater world of San Francisco Bay.
SIGN - UP at Front Desk

This activity is made possible by your generous donations to Kokoro's Activity Fund. THANK YOU!!!

Our Open House



Wesley K. Denison - Violin
Tamie Kooyenga - Koto
Sanae Tanaka - Piano



Kokoro Updates

Meetings w/ the Directors

- July 11 Food/Maintenance
- July 15 Resident care
- July 17 Marketing
- July 19 Activity
- July 28 Executive Director



Contact Us

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Animal Lovers... Visitors from SPCA's Animal Assisted Therapy Program

Kei-san getting some love from "Scooby" (Handler: Nga); Ruby thanking "Lilou" for the vocal and piano performance (Handler: Tatyana).. And yes, Lilou did get a pedicure and color just for this special appearance. Such the perfectionist !



Employee of the Month



Hiro Ito
July 2016

**WELCOME TO
KOKORO !**

**KEIKO
FUJIMOTO**



U.S.A. - JULY 4TH



*Alice
Yonekura
July 14th*



*Tsune
Sakamoto
July 19th*

Acknowledging Our Supporters
Thank you very much!

- | | |
|--|-------------------|
| Aida Rodriguez | Setsuko Nakahara |
| Akira Tsunoda | Sharen Langewisch |
| Amy Hanamoto | Sharon Fujii |
| Betty Tsugawa | Shizuko Ikeda |
| Cara & Lynn Wolfe | Shizue Mortensen |
| Chikako Nakandakari | SPCA Visitors |
| Claire Okuyama | Sr. Elaine Stahl |
| Emiko Ogawa | Sr. Lioba Abe |
| Hisako "Peko" Yamaguchi
& Singing Group | Sumiko Nakamura |
| Jack & Jun Dairiki | Sumiyo Brennan |
| Japanese American
Religious Federation | Sunny Otsuka |
| Jerry Bolick | Suzanne Yamada |
| June Pramualphol | Yuko Sato |
| Kaeko Inori | |
| Kiitemoraitai Chorus | |
| Kinya Matsuno | |
| Linda Yamane | |
| Lois Ohwa | |
| Margaret Harada | |
| Michi Tashiro | |
| Monique Ballet | |
| Motoki Matsuura | |
| Nagata Dance Group | |
| Peggy Shih | |
| Rose Ichiyasu | |



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