

**August
2016**

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Bear

Kuma - くま

**Animal of the
Month**



***Inside
Kokoro***

A Picture Perfect Visit to Crab Cove



This month's off-site bus trip was to Crab Cove Visitor's Center in Alameda. Chef Taka made yaki-soba bentos and we walked along the shoreline. After the picnic, we were treated to a special talk about the Bay's environment and its inhabitants. Did we mention that the weather was perfect ???

Bon Odori 盆踊り Outing

21 residents attended the Obon Festival on Sunday, July 24th. It was a very nice day with a slight breeze. Mrs. Fujimoto joined the Bon dancing crowd, while others participated from seats that were kindly reserved for Kokoro residents. Tanko-Bushi (Coal-Miner's folk-dance) was the most popular dance, according to opinions stated by the residents. Observance of Obon is a Japanese Buddhist custom to honor ancestors, family members and dear friends who have passed on. Bon dancing is said to have come about as a disciple, grateful for his mother's release from suffering, danced with joy. This event was held at the Buddhist Church of San Francisco.



**FRANCIS SCOTT
KEY DAY**



Francis Scott Key, born on August 1, 1779 was an American lawyer, author, and amateur poet, from Washington D.C. who wrote the lyrics to the United States' national anthem, "The Star-Spangled Banner".

***Happy Birthday
F.S. Key !!!***

Volunteers Needed

- Black Jack, Bingo, Carpet Bowling, Tea Ceremony, etc... ***we can use your assistance !***
- **August 24 (Wed)**
10am - Escorts for an off-site trip to Military Information Services (MIS), Building 640 - Crissy Field, Presidio of S.F.



**Kokoro is owned by KALI
and managed by NCP Senior
Ventures, LLC**

In ancient Hawai'i, men and women ate their meals separately; also women and the rest of society were not allowed to eat foods that were not common or foods that were only served during special occasions. However, in 1819, King Kamehameha II performed a symbolic act by eating with the women, thus ending the Hawaiian religious taboos. This is when the *lu'au* parties were first created.

**Come eat, dance, and be merry at our annual Lu'au
Festivities Saturday, August 20th at 1 pm !**

**Free to residents; \$15 Lunch and Show for guests.
Call Grace at 415.776.8066 for reservations.**



**BUS TRIP TO THE MILITARY
INFORMATION SERVICES (MIS)
LEARNING CENTER - AUGUST 24TH**

The Center's purpose is to commemorate and honor the legacy of Japanese American Soldiers who were trained military intelligence linguists serving in combat units during WWII in the Pacific. "It is here at this center that the story of these veterans' courage, sacrifice and love of country will be told, so that our children, grandchildren and future generations will remember what happened here and will continue to honor that legacy," The secret Army Language School was formed Nov. 1, 1941, with 58 Japanese American and two Caucasian Soldiers. The language students were secretly trained as military interpreters in Building 640.



***Employee
Appreciation Party !***

**All Residents are invited to
attend the Employee
Appreciation Party on
August 11th at 2pm. Please
come by to say thanks to
our dedicated and very hard
working staff !**

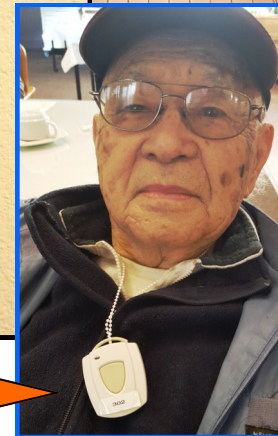
What's New ?

Your new Emergency Call System...

Pull the **RED CORD**  if you have an **emergency** in your apartment.

There are two alarm systems on the room wall - one in your Bathroom and the other in the Living Area.

Emergency Pendants have also been given to each resident to wear. **Just push the button if you need help.*



A summer of fun performances by Corrine Nagata and Nagata Dance group... Thank you Ms. Corrine !!!



Kokoro Updates

Meetings w/ the Directors

Aug. 1 Food/Maintenance
 Aug.19 Activity
 Aug. 21 Marketing
 Aug. 25 Executive Director
 Aug. 25 Resident Care



Contact Us

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**Employee of the
Month**



Jonelle Cruz
July 2016



Chiyoko Mizutani - 8/6
Jim Cranna - 8/6
Jane Imura - 8/8
Hisae Sakai - 8/11
Jane Nakamoto - 8/28



Acknowledging Our Supporters
Thank you very much!

Aida Rodriguez
Akira Tsunoda
Amabile School of Music
Amy Hanamoto
Anthony Halim
Rod Suzuki
Betty Tsugawa
Chikako Nakandakari
Claire Okuyama
Denise Teraoka
Donna Lee
Emiko Ogawa
Hisako "Peko" Yamaguchi
& Singing Group
Jack Dairiki
Jamie Johnson
Japanese American
Religious Federation
Jerry Bolick
June Pramualphol
Kaeko Inori
Katsunobu Yamabata
Kinya Matsuno
Linda Yamane
Lois Ohwa
Motoki Matsuura
Nagata Dance Group

Noroiko Kashiwabara
Patricia Kojimoto
Peggy Shih
Rose Ichiyasu
Ruby Kawabata
Setsuko Nakahara
Sharen Langewisch
Sharon Fujii
Sharon & Dara Fong
SPCA Visitors
Sr. Elaine Stahl
Sumiko Nakamura
Sumiyo Brennan
Sunny Otsuka
Suzanne Yamada
Tonami Fukuda



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