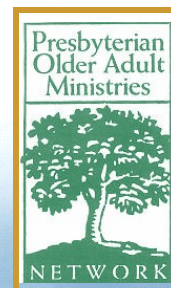


# AT THE CROSSROADS OF CHANGE

**ARMSS**

**POAMN**



## 2011 Joint ARMSS / POAMN Convention & Conference October 11<sup>th</sup> - 14<sup>th</sup>, 2011

La Quinta Inns & Suites • 303 Blum • San Antonio • Texas 78205

**KEYNOTE  
SPEAKER**



**Rev. Dr. Cynthia Rigby, W.C. Brown Professor of Theology, Austin Seminary**  
**“Being Alive in a CrazyBusy World”** If there are any two words that describe the average American on any given day, they are: tired and busy. Our lives are not only full, they are crammed full. And we are always trying to figure out how to pack more in: how to be more efficient; how to create more time; how to be more productive. And, in the midst of all this, we want to be disciples. To follow the One who promises us rest who promises us peace, who promises us joy, who promises us life. At this conference, we'll strive to reclaim the abundant life Christ came to give us, his beloved disciples.

### Schedule at a Glance - (subject to change)

#### Monday, October 10

9:00 AM-9:00 PM Older Adult Ministries Certification  
 1:00-5:00 PM ARMSS retirement workshop

#### Tuesday, October 11

8:00 AM-4:00 PM Older Adult Ministries Certification  
 8:30-noon ARMSS retirement workshop  
 2:00 - 5:00 PM Registration  
 4:00 - 5:00 PM Older Adult Ministries 101  
 6:00 PM Appetizer Reception  
 7:30 PM Opening Worship  
 8:30 PM ARMSS Ice Breakers / POAMN Share Our Stuff

#### Wednesday, October 12

7:30 AM Presbytery Reps meeting  
 8:30 AM Morning Worship  
 9:00 AM Plenary Session  
 10:30 AM Break  
 11:00-2:30 Opt. Mission & Alamo Tour (extra fee)  
 11:00 AM Workshops  
 Noon Lunch (on your own)  
 1:00 PM Workshops  
 2:00 PM Break

2:30 PM

3:30 PM

4:00 PM

5:00 PM

5:00 PM

7:30 PM

8:30 PM

#### Thursday, October 13

7:30 AM

8:30 AM

9:00 AM

10:30 AM

11:00 AM

Noon

2:30 PM

3:30 PM

3:30-5:00 PM

4:00 PM

6:30 PM

#### Friday, October 14

9:00 AM

Workshops

Break

Workshops

Local dinner & activities on your own

San Francisco Theological Seminary

alumni dinner (alumni & spouses only)

Cuba Mission Presentation

Princeton Seminary Ice Cream Social

Presbytery Reps meeting

Morning Worship

Plenary Session

Break

Workshops

Lunch & Business Meetings

Workshops

Break

Optional River Boat Tour (extra fee)

Workshops

Banquet

Closing Worship

# SEMINARS

- **Older Adult Ministries Certification Course - (pre convention/conference - additional charges apply)**  
*Reformed Theology - Answers to Questions of Middle/Older Adults*, course instructor Rev. Dr. Marvin Simmers; will be held immediately preceding the conference. Certification begins Monday, October 10<sup>th</sup> at 9:00 AM and concludes Tuesday, October 11<sup>th</sup> at 4:00 PM. For complete details and a course application, contact Jan McGilliard at janmcgilli@gmail.com or (540) 449-1253.

- **Retirement Workshop - Steven Fleming, Board of Pensions, PCUSA - (pre convention/conference)**  
This holistic retirement planning seminar is designed for clergy and lay Benefits Plan retirees, their spouses, and surviving spouses. At the seminar, you can: ♦ Get an update on Board services, Medicare, and the Board's Medicare Supplement Plan ♦ Explore the different types of retirement housing ♦ Learn about long-term care insurance ♦ Discover tips to manage your finances ♦ Discuss what it means to have a call in retirement

- **Older Adult Ministries 101 - Michele Shultz Hendrix, Director Encore 50+ Adult Ministry, Grace Presbyterian Church, Houston TX - (pre convention/conference)**

The question we face in our congregations is how to mold this generational hodgepodge of ages, faces, values, and views into a productive, collaborative group. People of all ages can worship, serve and work together side by side and draw from a rich mixture of skill and experience. As a community of believers we need to cultivate multigenerational friendships and relationships. There is mutual learning and teaching. There are common missions & collaboration in age groups. This workshop will explore the opportunities for developing an Older Adult Ministry in your congregation and reach across the ages to all generations for effective ministry!

- **Presbytery Representatives - Rev. Ken Smith, Chair of the ARMSS Governing Body Network**  
PR's will meet both Wednesday and Thursday early morning. Each morning will bring new and different exploration of what it means to be a presbytery or synod ARMSS representative and to encourage you in sharing the message of ARMSS in your area.

- **Chaplain's Track - Rev. Tom Tickner, Chaplain, Grace Presbyterian Home, Dallas TX**

The Chaplain's Track, will focus around the gifts that each of the chaplains bring to the work that we do. It will be an opportunity to share our work together and act as a support group to each other.

- **Keys to Effective Mentoring and Ministry - Rev. Dr. Douglas Harper**

Mentoring is a partnership, where the mentor "takes on the responsibility of cooperating with the individual in the pursuit of ministerial skills, in the development of a ministerial identity, and in bringing book knowledge, experience, expertise, and wisdom into dialogue with the life of the community"

- **The Power of the Word in Teaching & Relationships – Rev. Katie Cummings, Adult Ministries Pastor, Grace Presbyterian Church, Houston TX**

Words matter. They shape the ways we think, relate, learn, and hope. And if Jesus Christ is **the Word** in whom our lives are found, how does the Word shape our words as we serve the church and the world? We will look to Christ as our model for teaching, leading, and building relationships that move beyond programming and generational divides. Be inspired by the power of the Word!

- **Breakthrough Ministry: Change! Contagious, Continuous & Compassionate - Rev. Orin Grant, St. Paul's Baptist Church, Gretna LA**

In August 2005 Grace Presbyterian Church and many other congregations in Houston found themselves surrounded by proximity with many Katrina evacuees from Louisiana. Grace Presbyterian Church adopted 75 families from New Orleans (250 individuals). Breakthrough Ministry was the collaborative effort of the Reverend Orin Grant and Michele Shultz Hendrix developed to help Louisiana residents understand in the midst of "change" that large and small churches can partner in ministry together, across cultural, racial, and denominational barriers. Reverend Grant will share the significance of partnering in ministry and offer insights into a change that has been contagious, continuous and compassionate and how it affected and benefited the congregations and their communities.

- **Alzheimer's Disease: Changing Patterns of Behavior! – Ginny Nyhuis, Community Outreach Coordinator, Alzheimer's Association of Southeastern Wisconsin**

Explore the differences of age-related memory loss, dementia and Alzheimer's disease. Learn about changes in the brain, and changes in patterns of behavior as a result of Alzheimer's disease and other related dementias. Discuss risk factors and changes in lifestyle that can reduce your risk.

- **Silver Tsunami: Are You Ready for the Boomers? - Dr. Mary Ann Johnson, Professor of Foods and Nutrition and Faculty of Gerontology, The University of Georgia**

On January 1, 2011 the first Boomers reached 65. Massive numbers with greatly different needs and wants, challenge church ministries to adapt. The boomers have made changes in every phase of their life to this point. This phase of life is no exception. Older adults will look very different. Churches will need to work toward a Balanced Older Adult Ministry so they are not caught in the storm but can effectively ride the "age wave".

# SEMINARS CONTINUED

- **Drive Well: Staying Healthy Driving Longer - Mary McGuire, Certified Senior Advisor**  
*Five Simple Actions to Improve Driving*, 15 minute presentation followed with interaction games. Tailored to adults to help extend their driving abilities as they age.
- **Drive Well: When it is Time to Give Up the Keys! – Mary McGuire, Certified Senior Advisor**  
How to initiate the conversation, how to survive and create a win-win situation among family members. Assist your congregation to create neighborhood teams that can offer driving assistance.
- **Scams, Schemes, and Seniors - Rev. James F. Reese, Honorably Retired, Charter member of ARMSS**  
An interactive workshop on how to avoid entrapment, schemes and scams. Workshop Material will cover The 10 Best Ways to Avoid Being Scammed!
- **Models of Older Adult Ministries: Dialogue, Discussion, and Details - panel discussion**  
This will be an interactive workshop with a panel discussion led by those who are working and serving in their churches, congregations, communities, presbyteries, and synods. Panel includes: Cindy Wright, Solana Beach Presbyterian Church, Solana Beach CA; & Ann McIntire, Grace Presbyterian Church, Houston
- **A New View of Christianity in the 21<sup>st</sup> Century – Rev. Joseph Whitner, Honorably Retired**  
In our lifetimes the world has shrunk tremendously. Modern transportation, communication, scientific advances have led to globalization. New ways of viewing and understanding who we are are emerging. This workshop will present new concepts and ways of thinking of God, the Bible, Jesus and our life as servant ministers in God's world. We can be bridge builders to our children and grandchildren, other cultures and other religions.
- **Retirement Planning in a Nutshell - Steven Fleming, BOP, PCUSA (2 back-to-back workshops)**  
A quick look at the emotions, health, and finances entering retirement. Are you concerned about: ♦ Deciding where to live ♦ Maintaining your optimal health now and later ♦ Integrating pension, Social Security, and personal savings ♦ Understanding Medicare and the Board's Medicare Supplement Plan ♦ Exploring options for play, learning, volunteering, and work ♦ Using your knowledge and wisdom to benefit others
- **Pastoral Care and the Small Church - Rev. Candace Klein, First Presbyterian Church, Henderson, TX**  
Challenged by your Opportunities and Responsibilities? Where do I go from here? How do I find the tools to go to the next level? Ministry opportunities require right choices, right timing and above all, right understanding of what is before you.
- **The Gift of Years and Change: How to Care for Older Adults in a Congregation - Rev. Scott Simpson, Associate Pastor for Congregational Care, First Presbyterian Church, San Antonio**  
Growing older is a gift from God but along with the gift brings a series of changes. Explore some of the changes that older adults experience when they grow older; basic caregiving skills, and the challenges and hope of caring for older adults in congregations as God's people who trust in God's steadfast love in Jesus Christ.
- **Healthy Eating and Physical Activity: It's Not Too Late! - Dr. Mary Ann Johnson, Professor of Foods and Nutrition and Faculty of Gerontology, The University of Georgia**  
Eating and being physically active are among life's great pleasures and they help maintain physical and mental health through out life. With so much advertising, economic hardship, and conflicting information, how do we figure out how to help ourselves, our families, and our congregations to be physically active and to consume foods that help us stay healthy and active? This workshop will review how to remain physically active as we age, as well as how to select foods and supplements that support health and help prevent and manage age-related health problems.
- **Reaching Across the Ages: Why Older Adult Ministry? - Rev. Dr. Marvin L. Simmers, Interim Director of Advanced Professional Studies, Columbia Theological Seminary**  
How does one age successfully? Although aging presents it challenges, there is good news about growing older! Maturity brings many gifts that older adults can share with one another, and across generations, through an effective senior ministry program. Let's use our gifts, and discover new ones, in order to enrich our lives and the lives of members of our congregations and communities.
- **Connecting Through Technology: Helping Scary Changes in Technology, Become Breakthroughs in Communication - Rev. Désirée Youngblood**  
In our ever-changing world, technology seems to change faster than anything else, so fast that most of us cannot keep up with the changes. In fact, many of us have already given up trying. Yet, the latest technology is not all about new video games. Much of it could be used to keep us all connected. Instead of isolating us, technology has the potential of enhancing relationships. Come and catch up on the latest technology that can help us stay connected not only with our grandchildren but also with our friends, family, and church family.
- **It's a New Time: nFoG - Representative from the Office of General Assembly, Constitutional Services**  
Learn about the proposed new form of government for the Presbyterian Church (USA). What does it mean for the church and those of us serving?

# SCHOLARSHIP INFORMATION

The Association of Retired Ministers, Their Spouses, or Survivors; and The Presbyterian Older Adult Ministries Network are pleased to announce the availability of partial scholarships to first time attendees of the ARMSS/ POAMN Convention & Conference. A limited number of scholarships are available. To receive more information and an application for partial scholarship, contact Ginny Nyhuis at [gnyhuis@frontier.com](mailto:gnyhuis@frontier.com) or (615) 426-1545. Deadline for completed scholarship applications is September 23, 2011.

## CONVENTION & CONFERENCE REGISTRATION

Please complete one registration form per person attending

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Presbytery: \_\_\_\_\_ Synod: \_\_\_\_\_

\_\_\_\_\_ Please include my contact information in the conference directory for conference attendees.

Name as you wish it to appear on your name badge: \_\_\_\_\_

Conference Fee:	ARMSS Member Early Registration Fee	_____	\$125
	ARMSS Non-Member Early Registration Fee	_____	\$145
	ARMSS Member Registration after September 23	_____	\$175
	ARMSS Non-Member Registration after Sept. 23	_____	\$195
	POAMN Member Early Registration Fee	_____	\$200
	POAMN Non-Member Early Registration Fee	_____	\$250
	POAMN Member Registration after September 23	_____	\$250
	POAMN Non-Member Registration after Sept. 23	_____	\$300

Local attendees may participate in the convention/conference on a per day basis. Meals are included as listed below. Please indicate your choice of day(s):

Tuesday, October 11 (includes opening reception)	_____	\$ 30
Wednesday, October 12	_____	\$100
Thursday, October 13 (includes business lunch)	_____	\$100
Friday, October 14 - included in registration of another day		
Extra Meal Package for non-registered spouses or friends	_____	\$ 65
(includes Tues opening reception, Thurs lunch & banquet)		

Check Number: \_\_\_\_\_ Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Please mail checks payable to ARMSS / POAMN to:

**ARMSS / POAMN, c/o Ginny Nyhuis**  
**P.O. Box 700311, Oostburg WI 53070**

For credit card payment, log on to [www.poamn.org](http://www.poamn.org)

to use our online registration and PayPal payment option (there is a small fee to pay online)

**MAKE YOUR HOTEL RESERVATIONS BY CALLING THE LA QUINTA INNS & SUITES:  
866-527-1498 OPT. #1. MENTION ARMSS / POAMN TO RECEIVE THE SPECIAL  
CONFERENCE RATE OF \$99 PER NIGHT (PLUS TAX). HOTEL RATE INCLUDES BREAKFAST.  
HOTEL RESERVATIONS MUST BE MADE BY SEPTEMBER 23, 2011 TO SECURE DISCOUNTED RATE.**