

IN THE MIDST OF THESE DAYS...

At our October session meeting, Kate Clabough offered the closing prayer with words so thoughtful and profound that they should be shared. Here's what Kate prayed, in hopes that they are meaningful to all of us...

Heavenly Father,

This past year has been one of great change on so many fronts and we have all heard the saying "The more things change, the more they stay the same." And it is in that sameness, the sameness of Your being present in all things and all situations, that we can take comfort.

Help us to remember that in Darkness and Light, You are there.

In calmness and confusion, You are there.

In consistency and in change, You are there.

In the mundane day-to-day routine of everyday life or during chaotic times, You are there.

In the swirling uncertainty of current events in our nation, in our town, in our church, and in our lives, STILL You are there.

No matter what the circumstance, no matter the hour, the day, the month, or the year, help us to remember that the one thing that is always constant is You. You are the past, the present, and the future and it is by Your grace that we are here with you to be a part of it.

Thanks be to You, O Lord.

May we praise Your holy name now and forever.

Amen

PORCH DE SALOMON MISSION TRIP 2018

A group of New Providence youth, college students, and adults will be traveling to Panajachel, Guatemala in June to work with Porch de Salomon (porchdesalomon.org). The mission team's major fundraisers include Christmas ornaments, trees, and wreaths sale and our special event on Sunday, November 12 – our Chili Dinner and Silent Auction!

Plan to buy tickets for the chili dinner in the Atrium between services and also consider a service or item you might donate for the silent auction.

Andrea Franks

CHILI DINNER & SILENT AUCTION

Sunday, November 12
Silent Auction 4:00 - 6:30 p.m.
Chili Dinner 5:00 - 6:30 p.m.

Tickets (\$5 per ticket; \$20 family max) will be sold through November 5 in the Atrium. The Guatemala team is looking for a few good cooks to bring chili or soup to eat at the dinner. We are also seeking donations for silent auction items. What unique skills do you have? Taking a group on a fishing or hiking trip, preparing a special meal, teaching something, babysitting for a date night? Are you a budding chef and would like to make a cake or pie?

Contact Yvonne Smith (tim.yvonne.smith@gmail.com, 803-1973) with auction donations. If you have questions about the chili dinner, contact Brenda Craig (bcraigut@gmail.com, 233-2645). All proceeds from the dinner and auction will benefit our 2018 Guatemala Mission Trip.

Brenda Craig

TREES AND WREATHS ON SALE

Christmas trees and wreaths will be on sale every Sunday in the Atrium through November 12 or until all of them are sold. These are the beautiful Fraser firs that we have had in the past. They have soft, pliable needles yet are sturdy enough to support your heavy ornaments. Due to water shortages this year, trees and wreaths are scarce. We will only have limited quantities to sell:

14 each 6'-7' trees at \$65

14 each 7'-8' trees at \$75

25 each 8" ring wreaths at \$25

60 each 12" ring wreaths at \$35

All payments are due at the time of the order. Delivery is available for \$20. Otherwise trees will be available for pickup at NPPC on Sunday, November 19 - just in time for Thanksgiving decorating!

All proceeds from the sale benefit the Guatemala mission trip. Contact Ashley Watkins (ashleycraigwatkins@gmail.com, 456-0849) with questions.

Ashley Watkins

ORNAMENT SALES



The New Providence Youth are excited to offer the 5th in our stained-glass ornament series. Paul is this year's featured saint. These ornaments make great gifts for family or friends and serve as a great keepsake and reminder of our church's rich heritage. All proceeds from the sale support the international youth mission trip fund.

Paula King

FROM THE PASTOR

The more things change... the more things change.

The last few months at New Providence have brought more than a little upheaval; shortfalls led to budget cuts, and staff departures have left a very few people to keep a whole lot of plates spinning. Speaking for the remaining staff

and all of our ministry teams, I can say with confidence that we hope to

attend to all the essential tasks we can; less important matters may need to slide temporarily.

But change can lead to uncertainty. So let me describe the things that church leaders are committed to, as well as what changes you may see (either temporarily or permanently), and how you can help.

First, what we will never abandon:

- Ministry to children, youth and adults. We are committed to hiring staff and forming structures that insure we are always raising up new generations of disciples. We want to create an environment where individuals and families feel their questions and their search for God are valued, as well as a place where new friends can enter and feel welcomed.
- Excellent worship. One hour on Sunday mornings is only 1/168th of a week, but it sets the tone for everything that follows, and we want to ensure that every worship opportunity NPPC offers meets the high standards that we have come to expect.
- Being available for the critical needs of members. At some point, all of us turn to our church community for support, and I can speak for Steve, Stan and myself in saying that we never want to leave anyone wondering if their church cares about them. We are doing the best we can, but please let us know if you are concerned about particular pastoral needs we can address. Often, there are concerns that we miss simply because we have not been informed.

Having said that, you will see some operational changes simply because of a limited number of staff hours, and that limits what can be accomplished. Some things you may notice are:

- When you call the church, there will not be a real, live person answering the phone. Instead, your call will be answered by an "automated attendant," which will instruct you how to proceed. It's simple, and the bulletin and this NP Press(?) list the extension numbers of

staff. We know that's not as friendly as having a human being answer the phone, but it's a function of shortened hours due to budget constraints, and it's the best we can do given the circumstances.

- The church office will be open Monday-Thursday from 7am-6pm. Office staff are now working 4 ten-hour days instead of 5 eight-hour days. As you will see elsewhere in this newsletter, we are realizing significant savings by closing the church one day a week. Please arrange your schedules accordingly if you need assistance from staff or access to the building.
 - We will need to rely more and more on volunteers to accomplish tasks that staff has provided in the past. Can you prepare coffee on a Sunday morning? Would you volunteer to pick up attendance sheets after services? Could you assist with copying and mailing out sermons to homebound members during the week? While those things may seem insignificant, they all add up.
- How can you help?
- First, please know that every dollar given to the church helps our ministry. All of our ministry teams and committees are operating on at least 12% less than they did last year. If you can give more to support the mission and programs of the church, please do!
 - Be patient. All of your staff members are experienced over-achievers and people-pleasers. We want to be able to help, but there are only so many hours in a day.

I speak especially for the office staff in saying that we're doing our darnedest, but we would appreciate your forbearance.

- Volunteer! The list of needs is endless, from phone volunteers, to homebound visitors, to dishwashers, to bulletin-picker-uppers.
- Last, but not least, pray. This past weekend, at our Homecoming Service and lunch, I had a number of visitors who told me how much they loved worshiping in a vibrant and "thriving" (their word) Presbyterian church. I am convinced that we are in a very specific and (dare I say?) holy season in the life of this congregation. Let's find out what God has in store for us.

On my desk, there is a coaster that says, "Don't waste this crisis." Crisis may be a stronger word than I would use to describe where we are right now, but I do believe that we have a unique window of time in which to make decisions about NPPC's life and ministry. Let's not waste this opportunity. There is too much riding on what we decide.

For 231 years, NPPC has figured out how to be faithful. Let's do it one more time.

It is a joy to be the church with you!



Emily J. Anderson

CHILDREN'S MINISTRY LISTENING SESSION

On Sunday, November 12th at 10 a.m., Emily Anderson will be hosting another Listening Session in the Chapel (across from the library). The focus will be on the children's programs of NPPC. Come prepared to share your input on children's activities at the church.

Lelia Rogers

ABOUT BOB...

For most of the Sunday mornings since I've been here, the 11:05 service begins with a thumbs up from Bob Hutchison to let us know that the sound is ready for us to begin. This epic era is about to end with the closing of 2017 as Bob retires from the sound booth after 10 years at the controls.

Bob has been faithful, diligent, and out of sight of most of the congregation, quietly mixing the mics and making sure that the best sound possible gets to pews and to the recordings that are made of each service. Bob has probably been present at more weddings and funerals than most pastors, and does his crucial job without fanfare or much recognition. I cannot tell you how many times he has come down to us with batteries in hand after noticing that ours are almost gone (there's a meter for each mic on the sound board) so we don't suddenly become silent during a sermon or prayer.

We are more grateful than we can say for Bob's many, many years of faithfulness and expertise, and we will miss his experienced and steady hand on the controls of the sound and lights. Thank you, Bob, for being an example of true servanthood.

We have a small crop of newly trained folks to help with filling this large need, and we still need others to successfully satisfy this very important ministry. If you have a technical, especially electronic, skill set, or would like to acquire one, AND an interest in learning the ins and outs of making worship at New Providence beautifully audible, please get in touch with Eric Overton (cavereric17@gmail.com) or Steve Musick (steve@newprovidencepres.org).

Steve Musick

MARY CIRCLE

The Presbyterian's Women's Mary Circle has a change in its meeting place for October and November. For both months we will meet at Alida Graves' home, (114 Wilson Avenue, Maryville), at 7:00 p.m.

Margaret Ellen Crawford

THE GRAND EXPERIMENT

At the beginning of September, in an effort to save on the electric bill we closed the office on Fridays and curbed weekend meetings as much as possible. We still host weddings and funerals at the convenience of the families, but day to day meetings have been moved. The office staff went to four ten-hour days. We thought we'd try it for several months and see if there was any impact. We didn't have to wait several months to see the impact. Compared with September 2016, our September 2017 bill was \$1257 less. That is a 28% savings! Lest you think the weather might have had something to do with it, it was a little warmer last year, but only by an average of 8 degrees for the entire month.

If we all pitch in, we can save even more than that. If you are the last person to leave a room, turn out the lights and close the blinds. If the room is warm, keep the blinds closed to decrease solar heating. If it is cold, open the blinds and let the sunshine in for some natural heating. Close the windows, blinds and curtains when you leave a room. You never know when a room is going to be used again and leaving windows or blinds open could heat up a room and make it uncomfortable for the next group.

We apologize if you've gotten a little sweaty as we've raise the thermostats as high as we dare. In the winter, wear your long-johns as we will lower the thermostat as much as possible.

Thank you for your help and understanding as we try to be good stewards of God's money here at New Providence.

Ray Bryant

DO YOU SEE WHAT I SEE?

I certainly hope so! Because I see a Team of people working to educate and minister to everyone of all ages from cradle to infinity and beyond. I see the same faithful loving faces caring for our itty bitties under the guidance of Fairlena Gooze that I've always seen. I see our elementary Sunday School classrooms with kids smiling faces continuing with the curriculum

of learning that's been set up for the year. I see their teachers dropping by the church during the week to prepare ahead of time and get the materials they will need. I see kids returning from a weekend retreat at John Knox laughing about the games they played. I see teens sprawled across the couches in the youth room and their teacher with a batch of homemade cookies having a conversation about the Bible. I see folks with full-time jobs sitting in committee meetings and planning sessions for hours after work because they understand the call to ministry takes a lot of work and a lot of hands. I see volunteers who are willing to step up and yet concerned that they won't be quite as good as a "teacher" . . . but they do it anyway because we have a need. I see adult programming solidly in place and a faithful adult education committee that will ensure these opportunities to learn continue. I see a Leadership Committee making preparations to welcome and train our next class of officers. I see our Steering Committee for an International Mission Trip working to put all the pieces of the puzzle together. I see staff and support staff working together to lead and to minister in every conceivable way imaginable. And I've seen it all in just a few short weeks!

Am I wearing rose-colored glasses you ask? Has the job of Interim muddled my mind? Am I delusional? No, I don't think so! Because what I see isn't programming and events and numbers. It's ministry. The kind of ministry that happens when the people you are living it with come together for the greater good of Christ's community in this place we call New Providence.

I hope that during our interim period you will find a way to be a part of our ministry and participate in the blessing of staying connected. Even if that means stretching beyond your comfort zone and trying something new!

With thanks for your support of all our endeavors in Christian education and a humbled heart for letting me be a part of that ministry,

*Renee Nasrollahi, Interim Christian
Education Director*

CALENDAR FOR NOVEMBER 2017

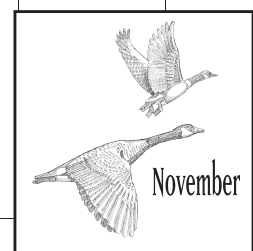
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01 8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 10:30AM Widow/Widower Support Group (W202) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room) 7:00PM New Prov Reads (Parlor)	02 10:00AM PWC Circles - Martha (Chapel) 10:00AM PWC Circle - Ruth (W201) 10:00AM PWC Circles - Leah (Parlor) 2:00PM PWC Circle - Deborah 3:00PM LIFT Meal Prep (Kitchen) 5:30PM Public Theology (Off Campus) 6:00PM Spirit of Good Neighbor Awards Dinner (WH) 7:00PM PWC Circle - Mary (Alida Graves' Home)	03	04
05 Daylight Savings Time Ends All Saints Westminster Bells 11:05 a.m. 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 11:05AM Traditional Worship (Sanctuary) 1:00PM Choir Rehearsal (Choir Room) 4:30PM iGroup (FWH) 6:00PM Youth Dinner (FWH) 6:00PM Service of Faith, Hope, and Healing (Sanctuary) 6:30PM PYC (FWH)	06 ChristmasWishes Prep - EH 7:30AM Men's Lectionary Bible Study 8:00AM CBS Sorters (WH) 6:00PM BSA-Wolf Cubs (REH) 6:30PM BSA-Troop 88 Badge Review (WH) 7:00PM BSA-Bear Cubs (REH) 7:00PM BSA-Webelos 2 (RWH) 7:00PM BSA-Webelo 1 (W201) 7:00PM BSA-Tiger Cubs (FEH) 7:00PM BSA-Troop 88 (FWH) 7:30PM NA Group (206)	07 ChristmasWishes Prep - EH 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (FWH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 5:00PM FirstLight Rehearsal (Sanctuary) 6:00PM Men's Lead Team (109) 6:00PM ChristmasWishes Steering Committee (108) 6:30PM Event Support Committee (211) 6:30PM Congregational Life/Deacons (206) 7:00PM New Prov Green Team (W202) 7:00PM Policy Committee (W201) 7:00PM Budget & Finance (108) 7:00PM Stewardship Committee (109) 7:00PM Personnel Committee (Chapel) 8:00PM Admin Team (Chapel)	08 ChristmasWishes Prep - EH 7:30AM Men's Witnessing Square (W201) 9:00AM Bartlett Adult Day Out (REH) 10:30AM Widow/Widower Support Group (W202) 11:30AM New Prov U (FWH) 3:15PM Cloud 9 (217) 3:15PM P.E.A.K. (16) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room)	09 ChristmasWishes Prep - EH 9:00AM Quilters (FWH) 10:00AM D & S Community Services Training (FEH) 3:00PM LIFT Meal Prep (Kitchen)	10 ChristmasWishes Prep - EH	11
12 ChristmasWishes Wishlists 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Listening Session for Parents of Children (Chapel) 11:05AM Traditional Worship (Sanctuary) 3:00PM New Officers' Gathering (Off Campus) 4:00PM Guatemala Fundraiser Silent Auction 5:00PM Guatemala Fundraiser Chili Dinner	13 ChristmasWishes Prep - EH 7:30AM Men's Lectionary Bible Study 8:00AM CBS Sorters (WH) 10:00AM Maryville Babywearers (206) 1:00PM Melissa Seviars - PWC Bible Study Author (W201) 6:00PM BSA-Wolf Cubs (REH) 6:30PM BSA-Troop 88 Badge Review (WH) 7:00PM BSA-Webelos 2 (RWH) 7:00PM BSA-Bear Cubs (REH) 7:00PM BSA-Tiger Cubs (FEH) 7:00PM Women's Study Group (Parlor) 7:00PM BSA-Webelo 1 (W201) 7:00PM BSA-Troop 88 (FWH) 7:00PM Youth Committee (W202) 7:30PM NA Group (206)	14 ChristmasWishes Prep - EH Presbytery, Second Pres Knoxville 9:00AM Bartlett Adult Day Out (REH) 9:30AM Community Food Connection Board (Chapel) 10:00AM Welcome Table Prep (FWH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 5:00PM FirstLight Rehearsal (Sanctuary) 6:15PM Welcome Table Steering Committee (109) 6:30PM Worship & Arts (Choir Room) 6:30PM Children's Committee (215) 6:30PM Leadership Development Committee (206) 6:30PM Adult Ed Committee (108) 7:00PM Church In the World (Chapel) 7:30PM Disc & Education (216)	15 ChristmasWishes Prep - EH 8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (WH) 3:15PM Cloud 9 (217) 3:15PM P.E.A.K. (16) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM National Alliance for Mental Illness (206) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room) 7:00PM New Prov Reads (Parlor)	16 ChristmasWishes Prep - EH 8:30AM CBS Set Up (RWH) 9:00AM Quilters (FWH) 1:00PM PWC Coordinating Team (Chapel) 3:00PM Headstart Insurance (EH) 3:00PM LIFT Meal Prep (Kitchen) 5:30PM Public Theology (Off Campus)	17 Advent Devotion Deadline ChristmasWishes Prep - EH 8:30AM Community Benefit Sale (FWH) 10:00AM Life Beginners	18
19 ChristmasWishes Wishlists Money for Mana 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 11:05AM Traditional Worship (Sanctuary) 4:30PM iGroup (FWH) 6:00PM Youth Dinner (FWH) 6:30PM PYC (FWH)	20 New Prov Press Deadline ChristmasWishes Prep - EH 7:30AM Men's Lectionary Bible Study 8:00AM CBS Sorters (WH) 6:00PM BSA-Wolf Cubs (REH) 6:30PM BSA-Troop 88 Badge Review (WH) 7:00PM BSA-Bear Cubs (REH) 7:00PM BSA-Webelos 2 (RWH) 7:00PM BSA-Webelo 1 (W201) 7:00PM BSA-Tiger Cubs (FEH) 7:00PM BSA-Troop 88 (FWH) 7:30PM NA Group (206)	21 ChristmasWishes Prep - EH 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (FWH) 1:45PM Centering Prayer (W201) 5:00PM FirstLight Rehearsal (Sanctuary) 5:00PM Welcome Table (WH) 7:00PM Session (Chapel)	22 Thanksgiving Holiday - Church Closed	23 Thanksgiving Day - Church Closed	24	25
26 Window Series Ornament Sales 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 11:05AM Traditional Worship (Sanctuary)	27 Chrismon Tree Setup (Sanctuary) 7:30AM Men's Lectionary Bible Study 8:00AM CBS Sorters (WH) 6:30PM BSA-Pack (WH) 7:00PM BSA-Troop 88 (EH) 7:00PM Women's Study Group (Parlor) 7:30PM NA Group (206)	28 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (FWH) 1:00PM New Prov Press Mailing (Chapel) 1:45PM Centering Prayer (W201) 5:00PM FirstLight Rehearsal (Sanctuary) 5:00PM Welcome Table (WH)	29 9:00AM Bartlett Adult Day Out (REH) 3:15PM P.E.A.K. (16) 3:15PM Cloud 9 (217) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room)	30 9:00AM Quilters (FWH)		

RWH - Rear Westminster Hall

FWH - Front Westminster Hall

FEH - Front Eastminster Hall

REH - Rear Eastminster Hall



SERVICE OF HEALING

As we approach the season of longer nights, a moment of quiet reflection and the hope born of Christ's peace is a precious thing. On Sunday evening, November 5, at 6 p.m. there will be such a space for just this at New Providence. We will gather in the sanctuary for a brief Service of Healing, a time for contemplation, prayer, and calm reverence. There will be opportunities to pray and be prayed for, to hear words of comfort and hope from scripture, and to find a renewed strength in a pause from our busy lives. We will celebrate together the healing peace we find in God's love through Christ our Lord and Savior. Join us.

Steve Musick

NEW PROV U

A variety of subjects await you in the months ahead at New Prov U. New Prov U is an opportunity for the congregation, especially those 55 and older, to find enrichment opportunities from a variety of presentations.

Our next session will be Wednesday, November 8, at 11:30 a.m., in Westminster Hall with Todd Howell, WBIR-TV Chief Meteorologist and member of the National Weather Association. Todd will have a short presentation and answer all our weather-related questions.

We start with lunch (\$6 payable at the door) to be followed by the program at 12:00 p.m. Contact Coco (coco@newprovidencepres.org, 983-0182 ext. 102) by noon on Thursday, November 2 to make your reservation for lunch. If you miss making a reservation or would just like to come for the program, join us at 12:00 p.m.

Andy Simon

DAYLIGHT SAVINGS TIME ENDS

On Saturday night, November 4, don't forget to set your clocks back one hour. This is also a great time to check your smoke detectors and carbon monoxide detectors to make sure they work.

Coco Everett

LIFE BEGINNERS

Life Beginners is a group of retired folks that visit local areas of interest and share a meal while on the road.

On November 17 at 10:30 a.m., Life Beginners will visit the Blount Mansion built in 1792 in Downtown Knoxville. Lunch will be at the Stock and Barrel on the Market Square (order off the menu). Cost of admission to the mansion is \$6 and there will be a \$1 transportation fee.

There is limited seating for this trip, so please contact Coco (coco@newprovidencepres.org, 983-0182 ext. 102) with your reservations as soon as possible.

Stephanie Bell

NPPM GIVE TO PDA

Because of the destruction caused by recent hurricanes in Texas, Florida, Puerto Rico, and the US Virgin Islands, the Lead Team of New Providence Presbyterian Men (NPPM) has donated \$2,000 to Presbyterian Disaster Assistance (PDA). PDA provides short term and long term relief to victims of these disasters. The Parking Team of NPPM accepts donations from the football fans attending Maryville High School games and parking in our lots during the ballgames. These contributions that make it possible to send money to PDA. If you are interested in working with the Parking Team, please contact Mike Harrington at 984-7167.

Roy Fox

BARTLETT BUZZ

In November Bartlett Adult Day Out will enjoy our annual Thanksgiving potluck. We invite our clients, their families and all of our volunteers to join us. This is a joyful way to start the holiday season.

As always, if you have a talent or hobby you can share with us, please e-mail Trish (trish@newprovidencepres.org), to schedule a visit.

Trish Badgett, Parish Nurse

SPIRIT OF GOOD NEIGHBORS AWARDS

Please join Good Neighbors of Blount County at the 5th annual Spirit of Good Neighbors celebration on Thursday, November 2, from 6 until 7:30 p.m. right here at New Providence. Local residents and organizations, including some from New Providence, will be honored for their contribution to the community. The honorees will be presented by Sarah Jane Anderson of WVLT Local 8 News. Dinner will be prepared and served by volunteers. There is no charge to attend the dinner however you will be able to make a contribution to offset the cost of the meal and to further the work of Good Neighbors. Reserve your seats for an exciting evening and an important ministry by calling Good Neighbors at 865-681-5420.

Dan Young

CHRISTMAS WISHES

ChristmasWishes is a ministry comprised of a large group of dedicated volunteers who work with the resource offices at the school systems in Blount County, Maryville City and Alcoa City to identify children for whom Christmas will be just another day on the calendar. If you would like to help give a child the feeling of being loved, come to the Atrium between the services on Sunday, November 12 or 19, and choose a child's wish list from the ChristmasWishes table. Return the items on that list to the church by Sunday, November 26. If you want to join in the excitement, consider volunteering your time to help with the celebration here at New Providence on Wednesday, December 13, at 5:00 p.m. in Westminster Hall.

Diane Pezick

CHURCH CLOSED

The church will be closed on Wednesday, November 22, and Thursday, November 23, for Thanksgiving.

SPOTLIGHT ON THE NPPC RESOURCE CENTER

As we celebrate Thanksgiving, I would like to tell you about some of the works in our Resource Center for which I am thankful. I am grateful for C.S. Lewis, the famous Christian apologist, who gave us the *Narnia* series for children, and many works for adults such as *The Joyful Christian* and *Mere Christianity*.

We all should give thanks for Shel Silverstein's books from *A Light in the Attic* to *The Giving Tree*. He has gifted us with such wonderful sounds as "Sarah, Cynthia, Sylvia Stout Would Not Take the Garbage Out.." If you missed these books as a child, you must discover them now..

Another author for whom I will always feel gratitude is Libba Moore Gray. A local high school teacher, she wrote books that capture, like Silverstein, the magic of sound, a trait children always appreciate. *Is There Room On the Feather Bed* is my favorite. The fun refrain in the book that speaks to the value of community is "Goodness gracious such a noise such a fuzz, there is room on the feather bed for all of us."

Three books for adults that deserve our gratitude are Victor Frankl's *Man's Search for Meaning*, Barbara Kingsolver's *The Poisonwood Bible* and Eudora Welty's *One Writer's Beginnings*. Frankl offers a unique perspective as a psychiatrist held in a concentration camp. His insights on survival and his development of logotherapy will change your life. Kingsolver's *The Poisonwood Bible* is a page-turning novel that shows us the dangers of assuming our way of life is the only way of life. Finally, the small volume by the wonderful Southern writer, Eudora Welty, is a delightful and insightful picture of the life that allowed her to become such an award-winning author. *One Writer's Beginnings* is not a story of overcoming adversity but a story of parents who knew how to nurture a child. Hopefully you have many books for which you give thanks. Let us know what some of those are, and we will share them here and maybe purchase them for the NPPC Resource Center. In the meantime when you

are not eating turkey or watching ballgames, read some of these.

Finally, I am thankful for the people who have maintained our Resource Center through the years. Folks like Dorothy Crawford, Peggy Thurman and Meredith Goins, just to name a view, spent hours purchasing and organizing our collection. Also, I give thanks for the committee who revamped our library into a resource center this year with books, curriculum and archives combined: Carrie Eaton, Janet Harvey, Bob Hutchinson, Jan Jenkins, Martha Pittenger, Richard and Donna Ridge and Denise Vogado.

Read On! Cynthia Freeman

HEALTH TIPS

NOVEMBER IS DIABETES MONTH

Diabetes is one of the leading causes of disability and death in the United States. It can cause blindness, nerve damage, kidney disease and other health problems if it is not controlled.

One in 10 Americans have diabetes, that is more than 30 million people. And another 84 million adults in the US are at high risk of developing type 2 diabetes.

People who are at high risk for type 2 diabetes can lower their risk by more than half if they make healthy changes. These changes include: eating healthy, getting more physical activity, and losing weight.

Try these simple changes:

- Cut simple carb intake (look at the ingredient label when you buy it, and if sugar is in the top three ingredients, choose a lower carb option)
- Avoid cakes and cookies
- Increase veggie intake
- Eat low glycemic fruit such as strawberries, raspberries, blackberries, blueberries, apples
- Avoid white foods such as white potatoes, white rice, white flour, and white sugar
- Increase your steps per day until you reach 10,000 steps/day

- Find an activity you enjoy and stick with it. Put it on your schedule at least 5 days a week.

Always check with your physician before making any lifestyle changes. Go to www.health.gov for more information.

Trish Badgett, Parish Nurse

SINCERE THANKS

Dear Staff and Member of New Providence,

I want to express my sincere thanks to you for your expressions of care and concern during my recent surgery. Your visits and notes were much appreciated and have certainly been a help during this time. As a new member, you've made me feel a real part of the New Providence family. Once again, thank you. May the God of all creation look with favor upon you all!

Doris Mabrey

HIGHLAND HOSTS ALTERNATIVE CHRISTMAS MARKET

Highland Presbyterian is continuing the tradition of the Alternative Christmas Market this year on Sunday, November 19 from 11:30 a.m. until 2 p.m. Several vendors and products familiar to NPPC will be there so bring a friend and come shop!

If you have any questions, please feel free to contact Whitney Erickson at ericksonwd@comcast.net.

Whitney Erickson

LECTIONARY READINGS

- November 5: Joshua 3:7-17, Psalm 107:1-7, 33-37 Psalm 43, Thessalonians 2:9-13, Matthew 23:1-12
- November 12: Joshua 24:1-3a, 14-25, Psalm 78:1-7, Thessalonians 4:13-18, Matthew 25:1-13
- November 19: Judges 4:1-7, Psalm 123, Thessalonians 5:1-11, Matthew 25:14-30
- November 26: Ezekiel 34:11-16, 20-24, Psalm 100, Ephesians 1:15-23, Matthew 25:31-46

SUNDAY MORNING LEADERSHIP FOR NOVEMBER

FIRSTLIGHT SERVICE AT 9:00 A.M.

	Elder Greeters	Ushers	Children's Time
5	Chad Rogers, Jenifer Greene, Harry Herrmann	Peggy & Tom Raines*, Lee & Liz Huffaker, Bobbie Briggs	Stephanie Bell
12	Olivia Lazar, Bobbie Briggs, Bill Savell	Judy Woods*, Terry Woods, Paul & Denise Vogado	Vandy Kemp
19	Beth Lazar, Bill Yarborough, Gabie Kerr	Chrissy Irvine*, Andrew, Jamie, & Will Irvine, Jeff & Marcy Ward	Kyasia Benjamin
26	Bryan Kilday, Hayley Lynn, Chad Rogers	Jenn Hardy*, Claude Hardy, Ron & DeAnne Gibbs, Bob & Sue Ramger	Stan Rushing

TRADITIONAL SERVICE AT 11:05 A.M.

	Elder Greeters	Ushers	Children's Time
5	Jason Brooks, Kate Clabough, Brian LaRose	Karen Paxton*, Ann Spencer, Linda Brakebill, Susan Young, Gail Bowlin	Stephanie Bell
12	Liz Britt, Tracy Luttrell, Jane Morton	Jason Brooks*, Andrea Franks, Bud Gangwer, Barbara Hall, Jeanne Ezell	Vandy Kemp
19	Karen Paxton, John Pittenger, Ann Bennett	Bill Morton*, Jane Morton, Tom & Eva Carpenter, Mot Krick	Kyasia Benjamin
26	Michelle Huntoon, Jason Brooks, Kate Clabough	Stephanie Bell*, Dale Freeman, Mel Luttrell, Jeff Pezick	Stan Rushing

* Head Usher

CHURCH PHONE

You may dial any of these extensions to reach the person you need or dial 5 for a staff directory. If they are unavailable, you may leave a voice mail message by staying on the line:

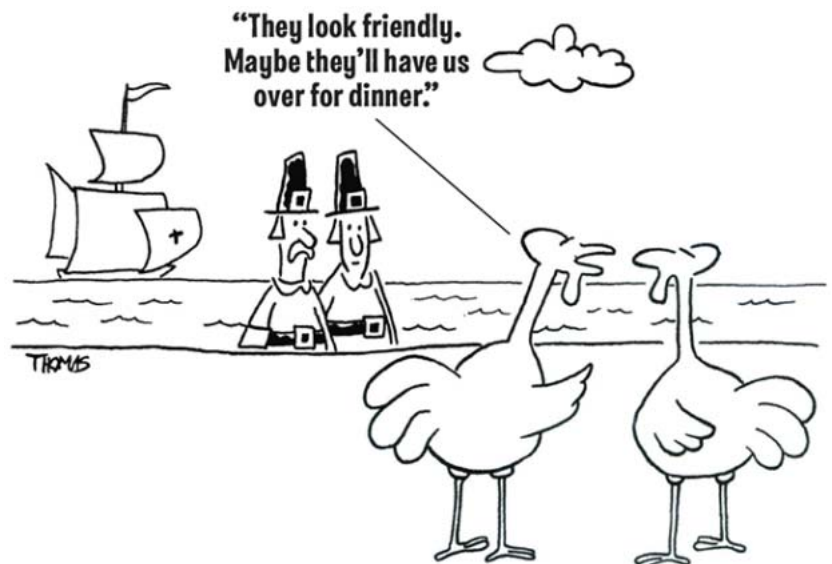
- Ray Bryant -ext. 100
- Information Coord.-ext. 101
- Coco Everett -ext.102
- Peggy Rogers -ext. 103
- Steve Musick -ext. 105
- Trish Badgett -ext. 106
- Emily Anderson - ext. 107
- Penny Bever -ext. 108
- Christian Ed (Renee N.)-ext. 109
- Rob Britt -ext. 110
- Resource Room-ext. 111
- East Kitchen-ext. 112
- Nursery-ext. 113
- Sanctuary (Deacon's Closet)-ext. 114
- Stan Rushing -ext. 116
- Breezeway-ext. 117
- West Kitchen-ext. 118
- Bartlett-ext. 120

ONLINE DONATIONS

Use this QR code or go to newprovidencepres.org/donate, and choose where you wish your funds to go, click on the donate now icon and follow the directions.



"Actually, the attraction wasn't freedom from religious persecution but, rather, the all-you-can-eat buffet."



MINISTERS & SUPPORT

The Reverend Doctor Emily J. Anderson PASTOR
 The Reverend J. Steven Musick ASSOCIATE PASTOR
 The Reverend Doctor Stan Rushing PARISH ASSOCIATE
 Rob Britt DIRECTOR OF MUSIC
 Peggy Rogers ORGANIST & DIRECTOR OF HANDBELLS
 Sam Phillips INTERIM YOUTH COORDINATOR
 Trish Badgett PARISH NURSE
 Ray Bryant FACILITIES MANAGER
 Penny Bever BUSINESS ADMINISTRATOR
 Coco Everett COMMUNICATIONS COORDINATOR
 Amelia Geis-Scott WELCOME TABLE COORDINATOR



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DATES TO REMEMBER FOR NOVEMBER

5	Daylight Savings Time Ends Service of Healing
12	Chili Dinner & Auction for Guatemala
19	Money for Manna
16	Community Benefit Sale
20	New Prov Press Deadline
22-23	Church Closed for Thanksgiving
26	Stained Glass Window Series Reformation Sunday