







June/July 2019 Vol. 56 Nos. 6 & 7 Published monthly to keep friends and members informed of news and coming events

www.newprovidencepres.org (865) 983-0182

Ας πάμε στην Αθήνα! LET'S GO TO ATHENS!

Sign up now at Newprovidencepres.org/vbs

From June 9 – 12, the children will travel to Athens, Greece to meet the Apostle Paul and learn about his dangerous and exciting second missionary journey. We are thrilled to partner with St. Paul AME Zion and Highland Presbyterian whose children will join us at New Prov for VBS!

Children from age 2 through rising 6th graders are welcome to join us for this adventure! Each day will begin with dinner served in the pavilion at 5:15. Then at 5:45 children will gather in the sanctuary for a celebration of singing and welcome. Afterwards, the festivities continue with Olympic games, a visit to a Greek market place, and visits with the disciple Paul. Mark your calendars for this special event! Everyone from early preschool through adult volunteers will enjoy the journey to Athens while making new friends. Please contact Fairlena Googe (children@newprovidencepre.org) or Susan Young (youngsd79@aol.com) for more details or to volunteer. We look forward to the journey together!

Fairlena Googe

LET'S PARTY!

Save the date... on June 30, 2019 we will celebrate the 20th anniversary of Emily Anderson becoming our pastor. We will gather for one service of worship at 10:30 a.m. followed by a congregational pot-luck lunch. Join us as we honor Emily on this joyous occasion and celebrate moving forward together into the next 20 years. Watch your June bulletins for more details.

W&A Ministry Team

SEASON 2: SUMMER IS COMING! (NO SPOILERS)

Back by popular demand. This July the congregation will come together once again for our combined summer services and special musical guests. On July 7, July 14, July 21 and July 28, 2019 we will meet for one combined worship service at 10:30 a.m. Special music will include Bluegrass and Barbershop quartet selections, along with traditional and contemporary favorites. Don't miss this opportunity to be together and worship as one. Mark your calendar and watch your June/July bulletins for more information.

W&A Ministry Team

WELCOME (BACK) HAYLEY LYNN!

As the search continues for our permanent staff person for youth, Hayley Lynn is stepping in to direct our summer youth programming (Montreat and SOFAS). The kids (and youth committee!) couldn't be happier! Welcome and THANK YOU Hayley!

Youth Committee

YOUTH PLANS FOR SOFAS 2019

SOFAS (Summer of Fun and Service) is our summer programming for youth who just completed 6th-12th grades. Each SOFAS day will include community service work in the morning and a fun activity in the afternoon. There will be more details coming soon, but we wanted you to get these dates for your calendar. Each day will be approximately 9:30 a.m. - 3:30 p.m. on June 13, June 25, July 11, and July 23.

Youth Committee

YOUTH JUST FOR SUMMER FUN DAYS

In addition to SOFAS, we will have 2 "just for fun days." Times and activities to be announced, but for your calendar: iGroup (6-8th grades) - June 19 PYC (9th-12th grades) - July 17

Youth Committee

SUMMER SERIES ANNOUNCED

The Adult Education Committee invites you to participate in a special program during the Sunday school hour this summer. We are offering a video discussion based on How to Read the Bible for All It's Worth. This introduction to the Bible is based on the book by Gordon Fee and Douglas Stuart. The video lectures are by Douglas Stuart and Mark Strauss. The focus this summer will be on the Old Testament and next summer on the New Testament. This course is designed for those who have little experience with the Bible and those who want a helpful reminder of how to read the Bible. In clear, simple language, each session helps learners accurately understand the different parts of the Bible and their implications for both ancient audiences and readers today. After some time listening to the video, a moderator will guide the group in discussion. We will meet in Westminster Hall. The study will begin on June 9th and end on July 21st. If you would like to purchase the book that accompanies the video, the cost at Amazon.com is \$15.91. Come join us for our summer study!

Cynthia Freeman

FROM THE PASTOR

I'm now at the point where I've lived way more of my life without a summer break than with one, but that primal instinct still remains. The beginning of June always makes me breathe deeply

and relax a bit. I'm sure the longer days have something to do with that, as well as weather that invites us to come outside rather than huddle in front of a

"How we spend our days is, of course, how we spend our lives," Annie Dillard, The Writing Life

front of a space heater or a fireplace.

It will be a busy summer for me: in addition to continuing the search for new staff colleagues, I'll also be away for two preaching engagements. In June, I'll be the "Preacher in Residence" at the Engle Institute of Preaching at Princeton Seminary, where I will preach four times in five days. The Engle Institute is designed for pastors who are recently ordained (2-10 years) and moving into positions where they'll be preaching on a weekly basis. In the mornings, participants are involved in convocation and seminars with professors of homiletics (that's our \$5 word for preaching), but they always invite a real-live week-in/week-out pastor to preach at evening worship. In between, I'll be talking and connecting with participants about their own calls and ministries. It's a little intimidating, to say the least.

Then in July, thanks to Joanne and Mike Maitland, I've been invited to preach at the Martha's Vineyard Camp Meeting Association. It's another of those Camp Meeting or Sunday School Assemblies like Monteagle and Chautauqua, places that trace their religious roots back to the early 1800s.

In between, you'll mostly find me at work, at my desk or in my yard, but I hope to spend as much time in the mountains as I can. Hiking, perhaps, but mostly just being (as Thoreau calls it) "an inhabitant, a part and parcel of Nature." I can lose a day in the mountains faster than you can blink.

I was struck earlier this year by words from the naturalist John Muir:

"Hiking - I don't like either the word or the thing. People ought to saunter in the mountains - not hike! Do you know the origin of that word "saunter?" It's a beautiful word. Away back in the

> Middle Ages people used to go on pilgrimages to the Holy Land, and when people in the villages through which they passed asked where they were

going, they would reply, "A la sainte terre," "To the Holy Land." And so they became known as sainte-terre-ers or saunterers. Now, these mountains are our Holy Land, and we ought to saunter through them reverently, not "hike" through them."

We live at such a pace that sauntering rarely enters our lexicon anymore. But sauntering lends that air of reverence that all of our lives always need.

After twenty years in this beautiful corner of God's creation, East Tennessee feels more like "Holy Land" to me than ever before, and I know many of you feel the same. So this, summer, I hope you'll join me in some sauntering. Depending on your circumstances, that may mean actually being in the mountains, or just glimpsing them out the window, or maybe just knowing that you are living in their shadows, and in the glory of God's good creation.

Annie Dillard says, "How we spend our days is, of course, how we spend our lives." When it's all said and done, I want to have spent my life in amazement and gratitude. I know that you do too.

It is a joy to be the church with you!

Link

Emily J. Anderson

A REFLECTION

Being in the moment and yet attempting to look back, my life and others lives are in a continuous movement of highs and lows. This reminds me of the following Chinese Fable

There was an old man who lived in small village in China and was skilled in interpreting events. One day for no reason, his horse ran away. Everyone tried to console him, but he said, "What makes you so sure this is not a blessing?" Some months later his horse returned, bringing a splendid stallion. Everyone congratulated him, but the old man said, "What makes you so sure this is not a disaster?" His son loved to ride the new stallion and one day he fell and broke his hip. Everyone tried to console him, but his father said, "What makes you so sure this is not a blessing?" Sometime later a war broke out, and every able-bodied man had to go into battle. Because the son was lame he was not chosen to go to war.

Truly, time and time again it seems our blessings may turn into disasters, and disasters to blessings.

A few years ago, death intersected and altered my world with relatives dying all around me. Illness, disease and accidents collided, impacting my personal family and my church family. Also on this trip, misunderstanding and confusion showed up to remind me that the work of reconciliation and forgiveness are necessary and ongoing processes. However, in reflection I experienced God's Glory revealed through these things and many more. My sister lost her youngest daughter and God showed up in goodwill and kindness in everyone who knew the situation. My niece's church poured the love of God on our family. My mother's closest brother passed in his sleep and what a merciful way to go home and be with the Lord. Within a week my cousin died. A few days before my cousin's death, my mother had a delightful and joyful visit with her ... what a blessing this visit must have been for my cousin and my mother. And as far as illness and sickness are concerned, I saw healing take place and the love of God shine bright in the concern and loving support of friends and families. And finally, in our human

connection we sometimes failed in our communication with each other. God showed up reminding me to use kindness, understanding, compassion and forgiveness in communicating with others. I am grateful to God for God's continuing presence... thankful to God for the reminder that things are not always as good or as bad as they seem... appreciative to God for turning our disasters into blessings... (even though it may take time to see them).

Finally, as we journey together, I pray for yours (and mine) continued revelations of God's presence in our good and bad times.

Rev. Gloria Mencer

CHILDREN'S MINISTRY NEWS

UPCOMING CHILDREN'S MINISTRY EVENTS THIS SUMMER

- June 2nd @ 10am Summer Kickoff
- June 9th through 12th VBS
- June 17th through July 18th AppleTree donations accepted
- July 21st Service of Service & Appletree backpack stuffing
- July 28th Blessing of Backpacks

SUMMER KICK OFF

Kindergartners through 5th graders, join us June 2nd during the Sunday School hour as we kick off the Summer of 2019. Brunch will be served as part of the Summer Kick off. If you would like to help out, contact Fairlena Googe, children@newprovidencepres. org or at 865-983-0182, ext. 119.

JOURNEY TO ANCIENT GREECE...

Don't forget to register for VBS. Highland Presbyterian, St Paul AME, and New Providence Presbyterian journey together for vacation bible school this year. We are going to meet with Paul in ancient Greece as he shares dangerous truths. Volunteer positions of all sorts are available throughout the program before, during VBS, and after. Sign up online at http://www.newprovidencepres.org/VBS or visit the VBS table in the Atrium between the services on June 2 and 9 for more info.

Vacation Bible School is open to children ages 2 year to rising 6th graders. VBS runs June 9th through June 12th from 5:45 p.m. to 7:45 p.m. with an optional meal at 5:15 p.m. for volunteers and participants.

PEAK & CLOUD 9 VOLUNTEERS

Thank you to all of the volunteers who helped to make the 2018-2019 PEAK and Cloud 9 programs happen. Without your time, dedication, and commitment to our children, this ministry would not be possible. We saw our numbers grow to 36 children regularly participating in the Pre-K PEAK, PEAK, and Cloud 9 Wednesday programs. The multiple volunteers who provided transportation, made snacks, and joined the kids for the afternoon made our efforts a success. Your generosity of spirit is a blessing beyond measure. We hope you will be able to join us again in August when PEAK and Cloud 9 programming resumes.

IT'S TIME FOR APPLETREE

Please help this wonderful ministry for local children in the Alcoa, Blount County, and Maryville school systems. This year's goal is to fill 150 backpacks for the children in our communities. Collection of AppleTree donations begin June 16th and continue until July 18th. Stop by the AppleTree in the Atrium or the narthex and pick up some apples listing donation needs.

IN HONOR OF FATHER'S DAY

What do you know about your Dad? Here are preschoolers answering questions about their fathers.

- What's your Dad's name?
 - Grant O. Eric
 - Josie B. Jimmy
 - Mae K. Daddy
 - Mariya T. His name is DAD! My DAD!
- How old is your Dad?
 - Jax Y. I don't know how old he is.
 - Mae K. 3
 - Emily B. I think 34
 - Grant O. He never tells me. I just asked; he's 35.

- What's your Dad's job?
 - Clara B. My dad is a trickster.
 He'll says I'll just hug you. And you know what he does? Tickles me! See a trickster.
 - Boone K. To work at the office
 - Mae K. He exercises
 - Josie B. Woodworking
- What do you love to do with your Dad?
 - Grant O. Go around the loop with me
 - Clara B. Go on Daddy and me day
 - Jax Y. Cuddle
 - Boone K. Play at the playground

BARTLETT BUZZ

This month Bartlett Adult Day Out will celebrate Caroline Best's birthday! We will also enjoy visits from Ex Libris and Janet and Harper. In between, we will make some snacks, sing, plant flowers and more.

If you have a talent or hobby to share, we would love for you to visit with us. If you have a few hours to spare, consider joining us as a volunteer. Contact Trish (983-0182 x106, trish@newprovidencepres.org) to set up a time!

Trish Badgett, Parish Nurse

CHURCH CLOSURE

The church will be closed, Thursday, July 4 to observe Independence Day.

SUMMER BIRTHDAYS

These are the "Taking the Love of Christ" (TLC) home-bound members whose birthdays occur this summer. Shower them with birthday cards to remind them they are special!

- June Lane, 6/3
- Effie Cotton, 6/11
- Lee Mason, July 3
- William Proffitt, Sr., July 29

Donnae Farley

CALENDAR FOR JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						01 11:00AM Calabro/Junod Wedding (Sanctuary)
02 Montreat Senior High	03 Montreat Senior High	04 Montreat Senior High Conference	05 Montreat Senior High Conference	06 Montreat Senior High	07 Montreat	08 Montreat Senior
Conference 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 11:05AM Traditional Worship (Sanctuary)	Conference 7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH)	9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 5:30PM New Prov Green Team (W202) 6:00PM Men's Lead Team (109) 6:30PM Bereavement/Nurture/TLC Committee (219) 6:30PM Event Support Committee (215) 6:30PM Fellowship Committee (213) 6:30PM Fellowship Committee (REH) 6:30PM Facilities Committee (REH) 7:00PM Stewardship Committee (109) 7:00PM Budget & Finance Committee (108) 7:00PM Personnel Committee (Chapel) 7:00PM Scouts-Troop 219 (FEH) 8:00PM Admin Team (Chapel)	8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Shannondale) 5:30PM Meditation Mindfulness Community (Parlor) 5:30PM FirstLight Rehearsal (Sanctuary) 6:00PM Tai Chi Class (FEH)	Conference 10:00AM Ruth Circle (W201) 10:00AM Leah Circle (Parlor) 10:00AM Martha Circle (Chapel) 2:00PM Deborah Circle (Off Campus) 7:00PM Mary Circle (Off Campus)	Senior High Conferenc e	High Conference
09 Pentecost Pentecost Offering Communion 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Adult Ed Summer Series (FWH) 11:05AM Traditional Worship (Sanctuary) 5:15PM VBS Registration and Dinner (WH)	10 7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH) 10:00AM Maryville Babywearers (206) 5:00PM VBS Registration and Dinner (WH) 5:30PM VBS (Sanctuary) 7:15PM Congregational Life/Deacons (206)	11 9:00AM Bartlett Adult Day Out (REH) 9:30AM Community Food Connection Board (Chapel) 10:00AM Welcome Table Prep (WH) 1:00PM Deacon Visioning (Chapel) 1:45PM Centering Prayer (W201) 2:00PM Daughters of the American Revolution (FEH) 5:00PM Welcome Table (WH) 5:15PM VBS Registration and Dinner (Pavilion) 5:30PM VBS (Sanctuary) 6:30PM Worship & Arts (Choir Room) 6:30PM Adult Ed Committee (Parlor) 6:30PM Youth Committee (W201) 6:30PM Children's Committee (215) 7:00PM Church in the World (206) 7:00PM Scouts-Troop 219 (FEH) 7:30PM Discipleship & Education (216)	12 7:30AM Men's Witnessing Square (W201) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Off Campus) 5:15PM VBS Registration and Dinner (WH) 5:30PM VBS (Sanctuary) 6:00PM NAMI Group 2 (206) 6:00PM Tai Chi Class (FEH)	13 9:00AM Quilters (FWH) 9:30AM SOFAS 10:00AM D & S Community Services Training (FEH)	14	15
16 Money for Manna 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Adult Ed Summer Series (FWH) 11:05AM Traditional Worship (Sanctuary)	17 7:30AM CBS Sorting (WH) 7:30AM Lectionary Bible Study (Off Campus) 6:00PM Knitting Group (109) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	18 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 7:00PM Session (Chapel) 7:00PM Scouts-Troop 219 (FEH)	19 8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 9:30AM iGroup [6-8th] Fun Day 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 4:00PM Lectionary Bible Study (Shannondale) 5:30PM FirstLight Rehearsal (Sanctuary) 5:50PM Meditation Mindfulness Community (Parlor) 6:00PM Tai Chi Class (FEH)	20 9:00AM Quilters (FWH)	21 10:00AM Life Beginners	22 11:00AM Premier Martial Arts Graduation Ceremony (WH)
23 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Adult Ed Summer Series (FWH) 11:05AM Traditional Worship (Sanctuary)	24 7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	25 9:00AM Bartlett Adult Day Out (REH) 9:30AM SOFAS 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 7:00PM Scouts-Troop 219 (FEH)	26 7:30AM Men's Witnessing Square (W201 Front) 7:30AM CBS Antiques & Collectibles Sorting (FEH) 9:00AM Bartlett Adult Day Out (REH) 9:00AM PWC Bible Study Leaders (Chapel) 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 2:00PM Weavings (W201) 4:00PM Lectionary Bible Study (Off Campus) 5:30PM FirstLight Rehearsal (Sanctuary) 6:00PM Tai Chi Class (FEH) 6:00PM NAMI (W201)	27 7:30AM CBS Antiques & Collectibles Setup (EH) 7:30AM CBS Setup (RWH) 9:00AM Quilters (FWH)	28 8:30AM CBS (WH)	29
30 10:00AM Adult Ed Summer Series (FWH) 10:00AM Church School 10:30AM Traditional Worship (Sanctuary) 12:05PM Potluck Lunch (WH) RWH – Rear Westminster Hall	FWH – Front Westminster Hall F	EH – Front Eastminster Hall REH – Rear Eas	tminster Hall ACS/BCS/MCS – Blount County, Al	coa, and Marvville School System	une s	

CALENDAR FOR JULY 2019

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Sunday	Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05	Saturday 06
	7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH) 4:00PM Student Recital (Sanctuary) 6:00PM Knitting Group (109) 6:00PM Leadership Development Committee (108) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 5:30PM New Prov Green Team (W202) 6:00PM Men's Lead Team (109) 6:30PM Bereavement/Nurture/TLC Committee (219) 6:30PM Fellowship Committee (215) 6:30PM Fellowship Committee (213) 6:30PM Fellowship Committee (REH) 6:30PM Connections Committee (REH) 6:30PM Facilities Committee (Parlor) 7:00PM Stewardship Committee (109) 7:00PM Budget & Finance Committee (108) 7:00PM Scouts-Troop 219 (FEH) 7:15PM Congregational Life/Deacons (206) 8:00PM Admin Team (Chapel)	8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Shannondale) 5:30PM Meditation Mindfulness Community (Parlor) 6:00PM Tai Chi Class (FEH)	Independence Day - Church Closed		
07 9:00AM Church School 10:00AM Adult Ed Summer Series (FWH) 10:00AM Fellowship & Coffee 10:30AM Combined Worship (Sanctuary) 2:00PM Adult Ed Fall Forum (EH)	08 7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH) 10:00AM Maryville Babywearers (206) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	09 9:00AM Bartlett Adult Day Out (REH) 9:30AM Community Food Connection Board (Chapel) 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 2:00PM Daughters of the American Revolution (FEH) 5:00PM Welcome Table (WH) 6:15PM Welcome Table Committee (109) 6:30PM Youth Committee (W201) 6:30PM Adult Ed Committee (108) 6:30PM Morship & Arts (Choir Room) 7:00PM Scouts-Troop 219 (FEH) 7:30PM Discipleship & Education (216)	10 7:30AM Men's Witnessing Square (W201) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH) 6:00PM NAMI Group 2 (206) 7:00PM Budget Summit (Chapel)	11 9:00AM Quilters (FWH) 9:30AM SOFAS 10:00AM D & S Community Services Training (FEH)	12	13
14 Bluegrass Sunday 9:00AM Church School 10:00AM Adult Ed Summer Series (FWH) 10:00AM Fellowship & Coffee 10:30AM Combined Worship (Sanctuary)	15 New Prov Press Deadline 7:30AM Lectionary Bible Study (Off Campus) 7:30AM CBS Sorting (WH) 6:00PM Knitting Group (109) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	16 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 7:00PM Session (Chapel) 7:00PM Scouts-Troop 219 (FEH)	17 8:00AM PYC [9-12th] Fun Day 8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Shannondale) 5:50PM Meditation Mindfulness Community (Parlor) 6:00PM Tai Chi Class (FEH)	18 9:00AM Quilters (FWH) 10:00AM PWC Coord Team (Chapel)	19 10:00AM Life Beginners	20
21 Money for Manna Service of Service Communion 9:00AM Church School 10:00AM Fellowship & Coffee 10:00AM Adult Ed Summer Series (FWH) 10:30AM Combined Worship (Sanctuary)	22 7:30AM CBS Sorting (WH) 7:30AM Lectionary Bible Study (Off Campus) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	23 9:00AM Bartlett Adult Day Out (REH) 9:30AM SOFAS 10:00AM Welcome Table Prep (WH) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 7:00PM Scouts-Troop 219 (FEH)	24 ACS Classes Begin 7:30AM Men's Witnessing Square (W201 Front) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH) 6:00PM NAMI (W201)	25 7:30AM CBS Setup (RWH) 9:00AM Quitters (FWH)	26 8:30AM CBS (WH)	27
28 Blessing of the Backpacks 9:00AM Church School 10:00AM Fellowship & Coffee 10:30AM Combined Worship (Sanctuary) 12:00PM Meet Our Small Groups Picnic (WH) 4:30PM Youth Kick-Off and Orientation (W201) RWH – Rear Westminster Hall	29 7:30AM CBS Sorting (WH) 7:30AM Lectionary Bible Study (Off Campus) 6:00PM Knitting Group (109) 6:30PM Scouts-Troop 88 Badge Review (FWH) 7:00PM Scouts-Troop 88 (FWH)	30 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH) 1:00PM New Prov Press Mailing (Chapel) 1:45PM Centering Prayer (W201) 5:00PM Welcome Table (WH) 7:00PM Scouts-Troop 219 (FEH)	31 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 2:00PM Weavings (W201) 4:00PM Lectionary Bible Study (Off Campus) 6:00PM Tai Chi Class (FEH)	ity, Alcoa, and Maryville School Syste		

HEALTH TIPS

POSITIVE AGING: LIVING WELL, IN JUST 4 WORDS BY THE REV. DR. D. SCOTT STONER

Tara Parker-Pope has been writing about health and wellness for over twenty years. She recently wrote a column in which she wrote that all of what she has learned about living well could be summed up in just four words.

- 1. Move.
- 2. Nourish.
- 3. Reflect.
- 4. Connect.

I love the simplicity of this, and I could not agree with her more.

- 1. MOVE. As someone who spends a fair amount of time as a writer, it is not uncommon for me to experience writer's block at times. I have recently renewed a practice of going for a thirty-minute walk whenever I feel this way. It is amazing the positive effect, getting up and moving for a short while makes a big difference. And when I exercise on a regular basis, my mood, energy, and sleep are all significantly improved. I forget who the health educator is that I first heard this idea from, but he had a unique way of reminding people of the importance of actively moving at least thirty minutes a day. He offered a seemingly simple and even a bit amusing challenge to us all: see if you can limit being sedentary to no more than twenty-three and a half hours a day.
- 2. NOURISH. We, of course, already know the importance of eating healthy foods. Author Michael Pollan, who also has a gift for simplifying health wisdom, advises us to, "Eat food. Not too much. Mostly plants." When it comes to the word "nourish", what we physically eat is only part of the picture. It is equally important to monitor our daily intake of things that nourish us both emotionally and spiritually. A focus on what truly nourishes us can have more than the originally intended meaning.

- 3. REFLECT. One of the reasons I like writing tis column every week is that as a fellow traveler on this journey of living well, it offers me a built in time to pause and reflect on what I personally need to remember to do to be well. I believe that the ancient philosopher Socrates was correct when he said, "The unexamined life is not worth living." Taking time daily and weekly to pause ad reflect on our lives, relationships, work, and service and making needed corrections are essential to our well-being.
- 4. CONNECT. We know that isolation is a risk factor for both physical and emotional illness, and so it stands to reason that connecting with others is a crucial factor in being well. We are wired for connection, and so nurturing our relationships is key to our well-being. The same is true for cultivating our connection with our spiritual Higher Power-with God, or however, we name our Source of life and wellbeing. Remembering to nurture connections in all aspects of our lives gives us positive energy.

Move. Nourish. Reflect. Connect. It indeed is as simple as that, and as hard as that. Certainly, we can remember these four simple words. And perhaps that is the first step to putting them into practice on a regular basis. To learn more about The Rev. Dr. D. Scott Stoner you can visit his website at https://www.livingcompass.org

Trish Badgett, Parish Nurse

DONATE NOW

Use this QR code or go to newprovidencepres.org/donate.



COMMUNION

We will celebrate the Lord's Supper on Sunday, June 9 at both services of worship and on July 21 by Intinction at the 10:30 a.m. combined service in Westminster Hall.

SESSION SUMMARY

The Session met on May 21, 2019 and approved the following:

- Compassion Counseling Fundraiser on October 17, 2019. There will be a dinner, silent auction and awards.
- CITW disbursement of \$200 to CommunityWorx and \$300 to New Hope Children's Advocacy Center from line item 50500 (Church in the World (wish list). There is \$578 remaining in the current fiscal year. CommunityWorx is a consistent partner with NPPC Christmas Wishes and has many other ministry endeavors that directly benefit the community. New Hope Children's Advocacy Center presented the most recent awareness session relating to child abuse, and assisted 588 victims in Blount County last year.
- Approved the following event and advertising: This year, BSA Troop 219, chartered here at New Providence, will mark the Memorial Day with a ceremony and by reverently placing small American flags in front of the grave markers for all veterans of all wars who are interred in the New Providence Presbyterian Cemetery. The ceremony will begin at 9 a.m. at the cemetery, adjacent to the St. Andrews Episcopal Church at the corner of Cates Street and West Broadway Ave in Maryville.
- Approved the following resources/ curriculum
 - For adults: Climate Church, Climate World: How People of Faith Must Work for Change by Jim Antal
 - For children: Amazing
 Adventures: Paul's Amazing
 Quest, Awesome Adventures:
 God's Amazing Kids, Awesome
 Adventures: God's Amazing Son.
 These are 13 week courses and
 can be used for summer or other
 short programming periods.
 Each piece costs \$45 for a total
 cost of \$135 plus tax.
- Approved the following procedure regarding payments/refunds for Youth Trips

- If the youth has a unique scheduling dilemma (e.g., Governor's School, national competition or health issues) approved by the Youth Committee that prevents them from participating in Montreat or another trip with early deposit deadlines, the family will receive a refund in the amount of unspent allocations. This refund would only be for unspent expenses (e.g., food for Montreat). This will not apply to non-refundable items like registration fees which are controlled by outside agencies.
- Personnel Committee made a motion for the approval for job descriptions for two Associate Pastor positions and Children's Coordinator position. There was some discussion about the job descriptions. The positions were approved by session.
- Congregational Life Committee requested approval for Man of the Year Award on June 16, 2019. A motion was made to approve award and was seconded. The motion passed.
- Approved Carrie Eaton and Jane Morton to serve on Nominating Committee. The motion was passed.

Beth Lazar, Clerk of Session

TENDING OUR FLOCK

WE SHARE SORROW

- Joy Hall, Abby Bussey's and Laura Shamiyeh's mother, 5/19
- Dorothy Ann Lee, Don Ashmore's sister, 5/17
- Martha Cobb's brother, Fred, 5/5
- Rev. James B. Wilbanks, 5/3 (Former Interim Pastor)

HAVE FAMILY NEWS?

Have a new baby? Dad in the hospital? Someone graduate? Your church family would love to share your joys and your sorrows. Contact Janice (janice@newprovidencepres.org, 983-0182 x101) or anyone in the office.

LECTIONARY READINGS

JUNE

- June 2: Acts 16:16–34, Psalm 97, Revelation 22:12–14, 16–17, 20–21, John 17:20–26
- June 9: Acts 2:1–21 or Genesis 11:1–9, Psalm 104:24–34, 35b, Romans 8:14–17 or Acts 2:1–21, John 14:8–17 [25–27]
- June 16: Proverbs 8:1–4, 22–31, Psalm 8, Romans 5:1–5, John 16:12–15
- June 23: 1 Kings 19:1–4 [5–7] 8–15a, Psalm 42 and 43, Galatians 3:23–29, Luke 8:26–39
- June 30: 2 Kings 2:1–2, 6–14, Psalm 77:1–2, 11–20, Galatians 5:1, 13–25, Luke 9:51–62

JULY

- July 7: 2 Kings 5:1–14, Psalm 30, Galatians 6:[1–6] 7–16, Luke 10:1– 11, 16–20
- July 14: Amos 7:7–17, Psalm 82, Colossians 1:1–14, Luke 10:25–37
- July 21: Amos 8:1–12, Psalm 52, Colossians 1:15–28, Luke 10:38–42
- July 28: Hosea 1:2–10, Psalm 85, Colossians 2:6–15 [16–19], Luke 11:1–13

PUB(LIC) THEOLOGY

On the first Thursday of every month, a group of wanna-be theologians gather at the Public House on High Street for something we call Pub(lic) Theology. It's a free-wheeling discussion about current events, trends, personal experiences, and (most of all) how we respond to those as people of faith.

We'll pick up the "What I Wish..." series again in September. During the summer we'll gather for conversation on Thursday, June 6 and August 1 beginning at 5:30 p.m., start our conversation at 6:00 p.m. and wrap up by 7:00 p.m.

Emily Anderson

PENTECOST OFFERING

A gift to the Pentecost Offering helps the church encourage, develop, and support its young people, and also address the needs of at-risk children. 40% of the Pentecost offering can be retained by individual congregations wanting to make an impact in the lives of young people within their own community. The remaining 60% is used to support ministries of the Presbyterian Mission Agency and the Young Adult Volunteers, Ministries for Youth and Children-at-Risk.

New Providence will be accepting this offering on Sunday, June 9, 2019 at both services of worship.

SUNDAY MORNING LEADERSHIP FOR JUNE

FIRSTLIGHT SERVICE AT 9:00 A.M.		
	Elder Greeters	Children's Time
2	Andrew Irvine, Maxey Long	Hayley Lynn
9	Jenifer Greene, Bill Yarborough, Paula King	Susan Young
16	David Forster, Teal Willoughby, Claire Shamiyeh	Hayley Lynn
23	Nick Bradford, Bobbie Briggs, Carrie Eaton	Vandy Kemp

TRADITIONAL SERVICE AT 11:05 A.M.			
	Elder Greeters	Children's Time	
2	Tyler Johnson, Bill White, Beth Ragsdale-Smith	Hayley Lynn	
9	Mike Teffeteller, John Pittenger, Stephanie Bell	Susan Young	
16	Fred Metz, Jane Morton, Kate Clabough	Hayley Lynn	
23	Jane Morton, Kate Clabough, John Pittenger	Vandy Kemp	

^{*} Head

**NOTE: As there are combined services at 10:30 a.m. from June 30 through the month of July, the leadership for those services will be determined at a later date.

MINISTERS & SUPPORT

The Reverend Doctor Emily J. Anderson
The Reverend Gloria Mencer INTERIM ASSOCIATE PASTOR
The Reverend Doctor Stan RushingPARISH ASSOCIATE
Rob BrittDIRECTOR OF MUSIC
Peggy RogersORGANIST & DIRECTOR OF HANDBELLS
Brian Hampton INTERIM FIRSTLIGHT COORDINATOR
Cindy Sugg DIRECTOR OF CHILDREN'S MUSIC
Fairlena Googe INTERIM CHILDREN'S COORDINATOR
Leah ThomasINTERIM CHILDREN'S FACILITATOR
Trish Badgett
Amelia Geis-Scott WELCOME TABLE COORDINATOR
Ray Bryant
Penny Bever BUSINESS ADMINISTRATOR
Coco Everett MANAGER OF OFFICE OPERATIONS
Janice CampbellINFORMATION COORDINATOR



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DATES TO REMEMBER FOR JUNE & JULY

June	Pentecost	
9	Pentecost Offering	
	Communion	
	Adult Ed Summer Series Begins	
16	Money for Manna	
28	CBS	
30	One Service with Potluck Lunch	
July 7	Summer Worship Schedule Begins 9:00 a.m. Sunday School 10:00 a.m. Coffee and Fellowship 10:30 a.m. Combined Worship Service	
14	Bluegrass Sunday	
21	Money for Manna Service of Service Communion	
28	Blessing of the Backpacks	