



THE RIDER

Trinity United Methodist Church

July 2015

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PASTOR'S CORNER

REV. TERESA KEEZEL

1 CORINTHIANS 13 (CEB) *⁴ Love is patient, love is kind, it isn't jealous, it doesn't brag, it isn't arrogant,⁵ it isn't rude, it doesn't seek its own advantage, it isn't irritable, it doesn't keep a record of complaints,⁶ it isn't happy with injustice, but it is happy with the truth. ⁷ Love puts up with all things, trusts in all things, hopes for all things, endures all things. ⁸ Love never fails. Love never ends.*

When we don't forgive, it works on us.

When there is not enough love to cover the gaps, the connections break down.

When the connections break down, the whole fabric of our relationships fall apart.

This is why forgiveness keeps being a major theme in God's Word. We will and do offend each other. Our relationships change and break. When these events occur, we need someone stronger to hold us together. We need someone who loves us all equally to call us back.

This is God. We do not have it in us to heal, but God does. Because God is in each of us, he moves and breathes life into us. His presence and love rebuilds the relationships.

CONTINUED ON PAGE 2

NEWSLETTER DEADLINE

Please have all news, pictures and articles to the office no later than Sunday, July 26 for inclusion in the July newsletter.

You can send items by email to trinity@trinity-umc.com or drop off in the "Church Secretary" hallway mailbox.



PASTOR'S CORNER: CONTINUED FROM FRONT PAGE

For those of us who study US History, we have heard the stories about how the Founding Fathers fought. They didn't like each other much. They had some substantial disagreements. On one point they agreed. They all liked George Washington. They all loved and respected him. HE held them together. He made them work together and give and take. We have a country today, because of these men's love for him.

We have a church today because God holds us together. We love and respect God. We owe him so much. And when we start to divide, he calls us back. He calls us to love, if for no other sake than his own.

"My how they love each other." This is our banner. Our father has asked us. Let us honor him.

LOVE GOD'S EARTH

LANA LEFFERTS

Have you seen them? Those clear plastic boxes with the signs that read "Love God's Earth"? Well, please take note of these--there should be one in each classroom and one in the narthex for bulletins. This is a project taken on by the 3-5 Grade Sunday School Class. We are studying about God's creation and how we are to take care of His creation. The class thought recycling would be a good way to help eliminate some waste. If your classroom doesn't have a bin, please let us know.

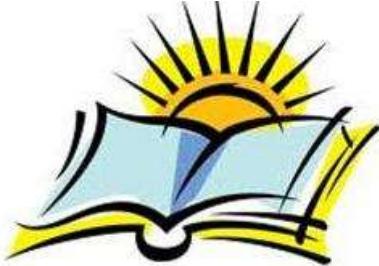
If you have materials that can be recycled, please place them in these containers. The bins will be cleaned out every two weeks by the students in this classroom and recycled at the homes of their teachers--Mrs. Angie Rasmussen and Mrs. Lana Lefferts. We pray that you will join us in helping to "Love God's Earth".



MUSIC CALENDAR

NOTES

There will be no Wednesday night rehearsals on July 1 & July 22.



CHURCH LIBRARY *News*

BOOKS, BOOKS, BOOKS

BARBARA SMITH

In the back hallway you will find a cart of books and a box of books. On the cart you will find a variety of mostly religious books. Some are marked with a colored dot as to whether they are inspirational, about the Bible or fiction.

In the box are mostly fiction books which others have enjoyed and want to share, such as summer reading or book club books.

We hope you will take one, leave one, return one, add one!

Enjoy reading!

JULY MUSIC NEWS

PAT MADISON, DIRECTOR OF MUSIC

A special congratulations to the Cherub and Angel Choirs for their songs and production of "Back to the Cross". You were awesome! Thanks for all the hard work to learn lines, sing songs, and movements to the music. Thanks to Turner for helping us use the new technology to enhance our production. Thanks also to Wayne Haley and Linda Richardson for the wonderful set and backdrop! A special thanks to Michelle Sawyer, Stephanie Griffith, and Pat Shrader for filling in for Ms. Lori who was unable to be here to direct. Great teamwork! Thanks also to Doug Smith who took pictures which are displayed on the bulletin board next to the water fountain. Please take time to stop and look at these wonderful pictures of our children. God has blessed us with wonderful children and talented people to enrich all of our lives.

The Belles would like to express their appreciation to Alyssa Sandlin for playing the harp with the bells on June 14. It was truly beautiful! The Belles have taken a break for the summer, but if you are interested in becoming a member of this group please see me or e-mail at piano4mom@gmail.com.

The Chancel Choir is rehearsing every Wednesday night at 7:30 pm. We will be participating in a concert of many choirs at Bethany Place on August 9 at 5 pm. This is a Sunday afternoon and we hope that some of our congregation will attend. Please know that we have space for new members and this is a great time to join us in song. Just come and make a joyful noise!

Please let Turner or I know if you are interested in helping with VBS music beginning July 19.

Reveille United Methodist Church on Cary Street in Richmond is performing a production of "Godspell" on July 16, 17 and 18.



The cast will be composed of youth and young adults of Reveille. Admission is free and all donations will go to missions. A group from the choir will be going on Friday, July 17. Please let us know if you would like to join us for this event.

Have a Blessed Summer,

Pat



ECHHHOOOO! ECHHHOOOOOO!

Shouting from the mountain tops!! VBS is on the way. God's mighty power can get us through any of life's challenges! Come and hear his word through **FUNTABULOUS** stories, games and crafts. Don't worry about your growling tummy; we will

take care of that too. Everyone is welcome so bring your neighbors, friends and family!!!

TUMC Vacation Bible School: July 19-July 23 6:00-8:00

HELP! HELP! HELP!

We need your help! Each year VBS brings the love and light of God to the young and young at heart. This would not be possible without the support of volunteers and generous donations. Can you lend a helping hand? Volunteers are needed to help run dinner service and kitchen operations, serve as group leaders, craft leaders, and registration and dismissal attendants. Not available to help all week? **NO PROBLEM**, any time you could spare to help make TUMC 2015 VBS a success would be greatly appreciated!! If you are able to volunteer, please contact Amanda Kelly or Stephanye Fuina at childrensministry@trinity-umc.com.

I
LOVE
VBS

FULL BELLY....OPEN MINDS....LOVING HEARTS

VBS seeks to grow the spirituality of young people with the teachings of Jesus Christ but who can concentrate on an empty stomach!! Fellowship leads to friendship!! VBS goers will enjoy dinner before setting out on their adventures. Below is a list of items needed to feed their physical bodies before we set to work feeding their souls. Donations can be placed in collection bins by the VBS promo table located at the back of the Sanctuary.

VBS MENU ITEMS NEEDED

Spaghetti Noodles • Spaghetti Sauce

Applesauce – Economy Size • Canned Fruit – Economy Size

Mac & Cheese • Cheese Slices • Lemonade Mix

VBS 2015 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Cheeseburger Sliders	Spaghetti	Chicken Nuggets	Grilled Cheese	Hotdogs
Tossed Salad	Tossed Salad	Mac & Cheese	Chips	Lemonade/Water
Applesauce	Garlic Bread	Carrots/Cucumbers	Fruit	LEFT OVER POTLUCK
Cookies	Cookies/Popsicles	Cookies	Cookies/Popsicles	
Lemonade/Water	Lemonade/Water	Lemonade/Water	Lemonade/Water	

*For choosy eaters leftovers from a previous dinner can be used. Please try to use up the popsicles that are in both the kitchen and youth freezers *Friday potluck, parents/guests will be asked to bring a side dish. All leftovers should be offered.



WOUNDED WARRIOR PROJECT WOUNDED WARRIOR OFFERING

At our May 21 Thursday Nite Lite we enjoyed a patriotic program of music and took up a love offering for Wounded Warrior Project – a charity and veterans service organization that offers a variety of programs, service and events for wounded veterans.

Thanks to your generosity, we were able to make a \$691 donation to this organization that cares for our veterans.

JULY YOUTH NEWS

KRYSTAL COFER

NJ Missions Trip

We have returned! It was a fantastic week with even better weather. We would like to invite everyone to come 6/28/15 to hear from the youth in both services about some of their experiences. Thank you all so much for your prayers, support and well wishes while we were away. The encouragement notes were inspiring and wonderful to read and share. The youth were even interviews on Wednesday from the local paper on what they were doing! Team Effort and Gateway will be working on over 500 homes that were affected from Super Storm Sandy and hundreds of families are still not occupying their home. From shoveling rocks to deconstructing a home the youth were positive and learnt many new skills. We were told first hand from a family that watched their street disappear before their eyes and had their house float down the street. Furthermore, we were able to see how the community helped each other by eating at the spoonful of hope soup kitchen that was started by Jon Bon Jovi. Everyone we met was friendly and happy to hear that we came to help.

SEEKING VOLUNTEERS

Please prayerfully consider helping with the youth for the 2015-2016 school year. I believe the youth need someone they can trust and turn to other than family members. Our meetings are typically just over an hour and have overnight in September and weekend trip in February.

SUMMER SCHEDULE

The youth will not be having formal meetings this summer but will be working to help the Children's ministry with VBS! Please contact Krystal for what nights you are available.

We will also do a kickoff to the school year in August at Swader's Sports Park.

Parent meeting and Swader's date TBA.

ONE HARVEST

The deadline for ordering online is Wednesday, July 8 at midnight. Distribution is on Saturday, July 18 from 8-9 am.

See the back of the newsletter for this month's menu.



ONE HARVEST
FOOD MINISTRIES

www.oneharvest.com

Trinity UMC People Page

BIRTHDAYS

Help us update our information; if your birthday is this month and you are not listed, please notify the office so we won't miss you again!

July 1 Stephanie Griffith
July 2 Karen Poole
July 3 Mike Potvin
Heather Madison
July 5 Merle Foster
Christopher Fallin
July 6 Bill Faris
July 9 Craig Stariha
Logan Mills
July 10 Ann Wright
July 13 Wayne Walker
July 15 Aaron Poythress
Annabelle Rasmussen
July 17 Heidi Foutz
Nicholas Ruxton
Beth Wilkes
July 18 Turner Wilkes
July 20 Irene Cassada
Emily Moody
July 22 Bill Poole
Joshua Prentice
July 23 Amy Babcock
Wendy Linkous
July 24 Janet Collins
July 25 Joe Love
Jeff Short
July 26 Paul Sanders
Amber McGuffin
July 28 Tim Ruxton
Alex Arnold
July 31 Cindy Shelton
Ed Boroche

JULY SERVANTS OF WORSHIP

OFFERING TELLERS

July 5 Harold Saunders & Ed Boroche
July 12 & 19 Pat Shrader & Debbie Turner
July 26 & Aug 2 Aubrey Tarkington & Dana Potter

USHERS

July 5 & 19 Ron Gray, John Morris, Bob Cassada, Bill Foster
July 12 & 26 Danny Mizelle, Kim & Carol Pratt, Faye Cormier

SUMMER OFFICE HOURS

The church Secretary's hours will shift slightly from June 10-July 31. The office hours will be 8:30-11:30 am. Thank you for this flexibility to accommodate her daughter's summer school schedule.

A THANK YOU NOTE

Thanks Again:

I'd like to thank all the people who have called, visited and sent cards since my latest heart problem. The good news is I'm feeling fine and the doc says I'm doing well. The only downside is it will be awhile before I regain my strength so I now have a perfect excuse to be lazy. See you soon!

Helen Moran

Summer Sunday Schedule

8:30 am Contemporary Service • 9:45 am Sunday School
11 am Traditional Service

July 2015

If you have items to add to the calendar,
please let the office know

by email to trinity@trinity-umc.com or phone at 748-2439.

Summer Wednesday Schedule

7 pm Men's Chorus • 7:30 pm Choir

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>No Choirs</i>	2 7 pm AA 7 pm Thursday Nite Lite	3	4 INDEPENDENCE DAY NO UMM
5 <i>Regular Summer Sunday Schedule</i>	6 7 pm Boy Scouts	7 7 pm Praise Team 7 pm Pumpkin Patch	8 <i>Regular Summer Wed. Schedule</i>	9 7 pm UMW 7 pm AA 7 pm Thursday Nite Lite	10	11 9 am Sherbourne
12 <i>Regular Summer Sunday Schedule</i>	13 7 pm Boy Scouts	14 6:30 pm Prayer Shawl 7 pm Praise Team 7 pm Trustees	15 <i>Regular Summer Wed. Schedule</i> 6:30 pm BSA District Leaders Meeting	16 7 pm AA 7 pm Thursday Nite Lite 7 pm Admin Council 8 pm Called Charge Conference	17	18 8 am OneHarvest Distribution Faith Class Luncheon
19 <i>Regular Summer Sunday Schedule</i>	20	21	22 <i>No Choirs</i>	23 <i>No Thursday Nite Lite</i>	24	25
Vacation Bible School – 6 – 8 pm nightly (dinner at 5:45)						
26 NEWSLETTER DEADLINE <i>Regular Summer Sunday Schedule</i>	27 7 pm Boy Scouts	28 7 pm Praise Team	29 <i>Regular Summer Wed. Schedule</i>	30 7 pm AA 7 pm Thursday Nite Lite	31 5:15 pm UMFS	



JULY 2015 MENU

No restrictions or limitations!
Anyone can order

#1 FAMILY BOX \$37.50

1.5 lb Pork Center Cut Loin Filet Mesquite BBQ Flavor
 3 lb Chicken Leg Drumsticks OR 2 lb Chicken Thighs (Bone-In)
 2 lb Avg. Breaded Flounder Filets
 1.67 lb Hamburger Patties (5 x 5.33oz patties) OR (9 x 3oz patties)
 1.5lb Avg. Boneless Skinless Chicken Breast
 1 lb Hillshire Farms Brats Beer Flavored
 1 lb Premium Ground Beef
 1 lb Premium Breakfast Sausage
 32 oz Frozen Shoestring French Fries
 16 oz Frozen Broccoli Florets
 16 oz Frozen Green Beans
 16 oz Frozen Butternut Squash
 7.25 oz Macaroni & Cheese
 1 lb Elbow Macaroni Noodles
 1 lb Whole Grain Brown Rice
 8 oz Jiffy Buttermilk Biscuit Mix
 10 ct Pumpkin w/White Chocolate Chip Cookies (3 oz each)

#2 MORE THAN ENOUGH BOX \$46.00

1.5 lb Pork Center Cut Loin Filet Mesquite BBQ Flavor
 3 lb Chicken Leg Drumsticks OR 2 lb Chicken Thighs (Bone-In)
 1.5 lb Avg. Pollack Fillets (8 x 3oz)
 1.67 lb Hamburger Patties (5 patties) OR (9 x 3 oz Patties)
 1.5lb Avg. Boneless Skinless Chicken Breast
 1.5 lb Avg. Boneless Center Cut Pork Chop
 2 lb All Meat Hot Dogs
 1 lb Hillshire Farms Brats Beer Flavored
 1 lb Avg. Sliced Bologna
 1 lb Premium Ground Beef
 1 lb Premium Breakfast Sausage
 32 oz Frozen Shoestring French Fries
 16 oz Frozen Broccoli Florets
 16 oz Frozen Green Beans
 16 oz Frozen Butternut Squash
 16 oz Frozen Cut Yellow Corn
 1 lb Spaghetti Noodles
 1 lb Elbow Macaroni Noodles
 1 lb Whole Grain Brown Rice
 8.5 oz Jiffy Cornbread Muffin Mix
 10 ct Pumpkin w/White Chocolate Chip Cookies (3 oz each)

#3 GOLDEN GOURMET EXPRESS MEALS

10 MEALS FOR \$29.95 (MSG FREE)

*Easy to prepare in a conventional oven, microwave or toaster oven
Single Portion, Diabetic and Cholesterol Friendly*

- Mesquite Chicken in Barbeque Sauce over a Black Bean & Rice Blend with Carrots & Green Beans
- Country Herb Chicken Breast with Gravy, Mashed Potatoes, Green Beans & Carrots
- Meat Lasagna, Green Beans & Cauliflower.
- Lemon Pepper Baked Fish, Green Beans, Cauliflower & Yellow Squash
- Chicken Ala King – Chicken Breast pieces, Vegetables & Sauce over Bowtie Pasta, Cheesy Cauliflower & Spinach & Chickpeas
- White Turkey & Dressing with Gravy, Corn & Green Beans
- Chicken & Rice with Mushroom Sauce with Swiss Cheese, Broccoli & Carrots
- Salisbury Steak with Gravy, Roasted Red Skin Potatoes, Peas & Carrots & Cauliflower
- Meat Loaf Patty, Mashed Potatoes, Brussel Sprouts & Corn
- Spaghetti & Meatballs with Broccoli & Black Bean Blend

CHURCH AND ONLINE ORDER DEADLINE
WEDNESDAY JULY 8, 2015 11:59PM EST
DISTRIBUTION DATE SATURDAY JULY 18

#4 FROZEN VEGETABLE BOX \$27.00

1 lb Frozen Strawberries	12 ct Frozen Southern Biscuits
1 lb Frozen Sliced Carrots	1 lb Frozen Corn on the Cob
1 lb Frozen Broccoli Florets	1 lb Frozen Green Peas & Carrots
1 lb Frozen Cut Okra	1 lb Frozen California Medley
1lb Frozen Lima Beans	1 lb Frozen Butternut Squash
1 lb Frozen Cut Yellow Corn	1 lb Frozen Mixed Vegetables
1 lb Frozen Sugar Snap Peas	1 lb Frozen Italian Green Beans
1 lb Frozen Green Peas	1 lb Frozen Cut Green Beans

#5 JUST RIGHT BOX \$23.50

3lb Split Chicken Breast
 1.5lb Avg. Boneless Skinless Chicken Breast
 1.67 lb Avg. Hamburger Patties (9 – 3oz patties)
 16 oz Frozen Straight Cut French Fries Ranch Flavored
 12 oz Frozen California Medley
 16 oz Frozen Green Beans
 1 lb Spaghetti Noodles

Pork
Free

#6 PREMIUM GRILLING SPECIAL \$49.95

- (4) 10 oz USDA Select T-Bone Steaks (2.5 lbs)
- (4) 8 oz. Choice Cut USDA Sirloin Steaks (2 lbs)
- 3.75 lbs Choice Cut Bone In Pork Chops

#7 COST CUTTER GRILL SPECIAL \$21.00

6-6oz USDA Choice Strip Steaks (36 oz total)

#8 KIDS BOX \$29.00

Microwavable, heat and serve or shelf stable items

(4) Mini BBQ Rib Sandwiches Twin Pack	10 ct Corn Dogs
(4) Sausage Egg & Cheese Sandwiches	(4) 4.9oz Cheeseburgers
10 ct Pancake Sausage on a Stick	(2) 7.12 oz Pepperoni Pizza
13 oz Special K Chocolate Chunk Cereal	
18 oz Creamy Peanut Butter	
(4) Egg White, Canadian Bacon & Cheese Muffin	
10 ct. Pumpkin W/White Chocolate Chip Cookie	

#9 BONELESS SKINLESS CHICKEN BREAST \$29.50

10lbs Seasoned Boneless Skinless Chicken Breast
 (Seasoned with sea salt, natural flavors, onion powder, garlic powder, paprika)

#10 BREADED POPCORN CHICKEN \$21.50

10lb Ready to Cook Breaded Chicken Chunks

#11 DESSERT BOX \$26.00

8" Egg Custard Pie	8" Coconut Custard Pie
8" Sweet Potato Pie	8" Apple Crumb or Apple Pie
4 Mini Red Velvet Bundt Cakes	
4 Mini Vanilla Bean Bundt Cakes	
12 Double Chocolate Muffins	

VISIT OUR ONLINE STORE TO SEE OUR ONLINE SPECIAL

10 lbs Precooked Breaded Fish Sticks \$26.00
 details available at www.oneharvest.com

Find a location OR
 Order online at: www.oneharvest.com

