



THE RIDER

Trinity United Methodist Church

October 2014

Volume MMIV Issue X

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PASTOR'S CORNER

REV. TERESA KEEZEL

**Why do people need Jesus?
Why do people need the Church?
Why do people need *this* church?**

These are the questions that we have been asked to answer for Charge Conference on November 13.

"WHY DO WE NEED JESUS?" HOW DO YOU ANSWER THIS QUESTION?

Do you need him as a teacher and example; so you memorize his words and parables? Like any fan, can you quote back has answers to the concerns that most affect your life? How do understand marriage, how to work through conflict, how do deal with people who act in ways they should not act?

Do you need Jesus because you know that you cannot stand as a blameless and perfect servant before the throne of God? Do you need a blood sacrifice to pay for your sins; to cover your mistakes; to redeem your spirit?

Do you need Jesus because you do not want to die? Our stories that form the foundation of who the Judeo-Christian people are tell that a lamb's blood got the Angel of Death to Passover the houses. Are you too looking for a way that the Angel of Death will pass over you?

How do you finish the sentence "I need Jesus because..."? There are other answers to why we could need Jesus. What is your answer? What are your answers?

CONTINUED ON PAGE 2



Page 1

NEWSLETTER DEADLINE

Please have all news, pictures and articles to the office no later than Sunday, October 26th for inclusion in the November newsletter.

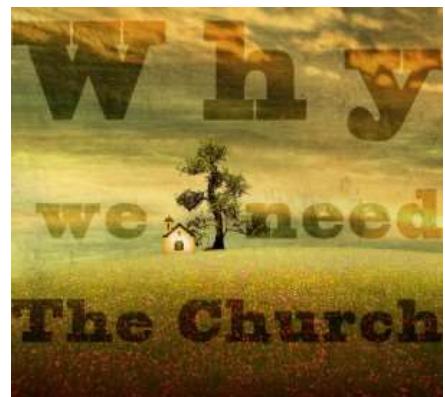
Mark this deadline on your calendar now so you don't miss it! Early submissions are always accepted and appreciated.

You can send items by email to trinity@trinity-umc.com or drop off in the "Church Secretary" hallway mailbox.



PASTOR'S CORNER CONTINUED FROM COVER

The second question that the District Superintendent wants to hear from us is: **Why do people need the Church?** Again, there are many answers to this question. Do we need it for community? We want others with whom to worship God? We need people to help us grow as disciples? We want others to go with us when we work with the poor. There are all kinds of answers to this...what is your answer? Why do you feel a need for the church?



The final question is: **Why do people need this church?** The 2nd question has to do with why you need the church. This 3rd question asks why do outsiders/newcomers need this church? What do we here at Trinity offer to the sinners...the different...the unchurched? What do they get/what do we offer? Do they receive acceptance or is this our church? Do they receive redemption – a place to confess their struggles and grow towards wholeness – or do we look down on them for their pasts and for their present struggles? Do they get a place where they can join in and help create a worship experience that also meets their needs? Do we tend to their families? Do we offer opportunities to feed their body and spirit? Do we engage their God given visions and their spiritual gifts?

We here at Trinity have lots of answers to these questions. I look forward to hearing them.....I can't wait for the D. S. to hear. Thanks

JOINT WORSHIP SERVICE

SUNDAY, OCTOBER 10

Sunday School at 9 am

Worship Service at 10 am



SHORT TERM MISSION TRIP

NICHOLAS RUXTON

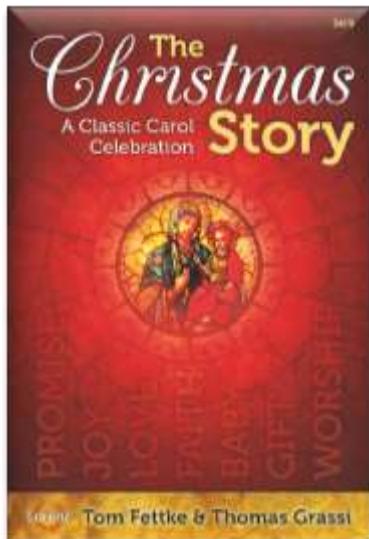
There will be an interest meeting on Sunday, October 12 at 4:30 pm to discuss a possible upcoming short term mission project. All are invited to come and see what we may be doing and look at dates. Contact Nicholas Ruxton for more information.



OCTOBER MUSIC NOTES

Fall is here and all choirs are singing or ringing praises to the Lord! September has been a busy month getting programs started. The Trinity Belles had a great retreat at Blackstone learning new music for fall and Christmas. We are looking for new members who are music readers and are willing to be committed to Monday night rehearsals. Ringing bells is fun, and also great for the mind, body, and spirit. If you are a music reader and interested, please contact Pat Madison at 748-2439 or e-mail me at Piano4mom@gmail.com.

Our Trinity Chimers are off to a good start. Pat Shrader would like to have 2 more ringers for this group. This is a great opportunity for children to learn how to read music. We are excited about this group and hope that more parents and children will take advantage of this opportunity. There is learning, fun, and always a treat! So come join the group if you are a 2nd grader or older.

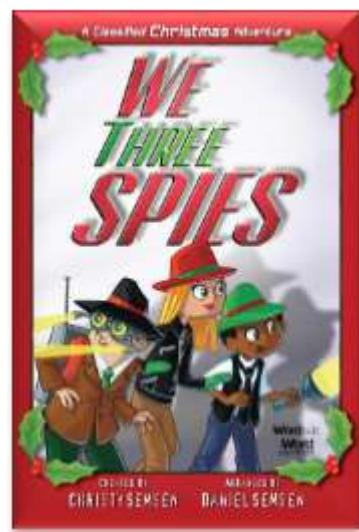


The Trinity Chancel Choir will be presenting “The Christmas Story”, a classic carol celebration by Tom Fettke and Thomas Grassi, on Sunday, December 7th. The music is in and we are beginning to learn this music now. We would love to have additional singers join us for this event. We rehearse every Wednesday night at 7:30 pm. A babysitter would be provided if needed. Come sing and celebrate the birth of Christ with us.

Our Youth are getting ready for Youth Jam on November 21 & 22 at River Road Baptist Church. This is a great experience singing songs we have learned with other youth from Virginia and North Carolina. All middle and high school students are invited to join us on Sunday afternoons at 4 & 5 pm and be a part of this upcoming event in November.

Children’s choirs are in full swing on Wednesday nights and Sunday afternoons. We have added a 5:30-6 drumming class for middle school students. Drums are fun to play, so come join us! We will be part of the service in October!

All choirs including drummers have dinner, music, and a Bible study class on Wednesday evening. Sometimes even the older children will have a craft or a game, so come and join the fun. Our Youngest children have been learning and singing about Love (God’s love for us and the love we have for family and friends). We will be sharing our love with the folks at Lucy Corr on Sunday, October 26. The Angels and the Chimers will join us there on the 26. The Angels have been studying scripture that goes with our Christmas play, “We Three Spies” which will be presented on the evening of December 14 along with the Santa party. Our “Christmas Intelligence Kids” are busy deciding what mission they would like to accomplish! More to come later. On Wednesdays and Sundays we are working on the play and learning new songs for worship using instruments as well as our voices. If you have questions about our programs, please do not hesitate to call or e-mail me.



I am excited about our music programs at Trinity and hope that if you have been thinking about becoming a part of one of our musical group, please join us. All are welcome to make a joyful noise to the Lord!

Blessings, Pat

UPCOMING PRAYER SHAWL MEETINGS

Prayer Shawl ministry meets on Tuesdays at 6:30 pm in Classroom 2 (formerly Sojourners room). Contact Janet Collins for more information. Our upcoming dates for the rest of 2015 are:

October 28 • November 11

December 9

FLOWERS IN WORSHIP

2014 AND 2015 ALTAR

FLOWERS We still have the date of October 19 available to be sponsored in honor, memory or celebration of recipient of your choice. A new calendar for placing altar flowers in 2015 will soon be added to the 2014 flower chart. See the calendar or Lucy Shields for more information.

POINSETTAS ARE COMING On December 14 we will once again decorate our sanctuary with the cheerful hues of poinsettas. Order forms will be coming in early November for this opportunity to place an honorary or memorial plant that you can take with you (or gift to honoree) after the service on the 14th.

UNITED METHODIST WOMEN MEETING REMINDER

ATTENTION ALL LADIES OF THE CHURCH!

The UMW bazaar is coming up October 17 and 18 and our final planning will be at our meeting on Thursday, October 2 at 7:00 PM.

Please come out and join our group as we finalize plans for the bazaar. All women of the Church are invited to attend.

If you have any questions, please contact Lana Lefferts at 920-7817 or by email lana.lefferts@yahoo.com.



Fall Bazaar

Friday, October 17 • 9 am – 6 pm
Saturday, October 18 • 9 am – 2 pm

Something for Everyone

- Baked Goods
- Homemade Soups
- “Nearly New”
- Halloween Costumes
- Children’s Corner
- Fun Activities for Kids

COME EAT AT OUR
Café

Breakfast
Lunch
Take Out

Trinity
United Methodist Church
6600 Greenyard Road • Chester, VA 23832
just across from Chesterfield Meadows
6600 Greenyard Road • Chesterfield 23832

Pumpkin Patch and More!
Missions Fundraising & October Fun at Trinity

TUMC.Chester www.trinity-umc.com

EQUIPPING VITAL CONGREGATIONS

DAVID BAILEY

"All Things New - Equipping Vital Congregations" is a Virginia Conference initiative designed to implement the denomination's "Vital Congregations" measurement system in a way that promotes collaboration, support and continued improvement among all conference churches.

EVC POINTS

- 32,000 churches across America are studied for the characteristics of vital congregations
- Five measurements standout as most reliable indicators of what makes a vital congregation
 1. Attendance at Worship
 2. Professions of Faith
 3. Christian Formation Groups
 4. Mission Giving
 5. Persons in Mission
- To make it easier to complete the data, a system is developed to report the data on-line that automatically creates 19 of the reports used at Charge Conference.
- Not an onerous task if we just report weekly. It is a little more than checking your email, but a whole lot less than ordering tickets for a concert or ball game
- Multiple people can enter the data so that the burden is not on one person
- Any person involved with an activity just reports how many involved and much was spent to one of a couple of people that enter the data. And they do not have to have computer experience to call and report. As simple as a note in a mailbox at church, a phone call, by text message at a break in the activity, or an email when you set down to thank the workers
- By reporting these numbers we place them where everyone can see them
- Anyone can look at a church and see where they are excelling in an area and they can be called to find out why and how we might duplicate or imitate in our way their success
- Discipleship Circles or small groups of churches that get together to talk about the programs that work for them and those that could do better
- No exaggerated claims to discuss, just a chance to share and grow

COMMITMENT OF THE CHURCH

- Answer God's call to impact lives for eternity through ministry, mission, and worship
- Make Disciples for Christ for the Transformation of the World

These are lofty commitments but if we take steps one day at a time we will make progress which in turn will show results.

The questionnaire is coming to the committee chairs and class leaders. All of us can help them by being a part of the activities. www.evc.vaumc.org



BROKEN LEG THEATER

Broken Leg Theater, Inc. would like to thank Trinity United Methodist Church for the use of their facilities for rehearsal.

Broken Leg Theater (BLT) is a community theater 501(c)(3) nonprofit that seeks to cultivate a quality theater environment in a community setting, in which youth and adults experience all aspects of theater performance and production.

BLT seeks to enrich and entertain a range of audiences through a variety of live theater productions that enhance the cultural experiences of the community.

BLT is proud to announce its first performance event. *Let Us Entertain You*, a Broadway review concert on October 24 and 25, 2014 at Robious Middle School.

For more information on BLT and its upcoming performances, visit brokenlegtheater.org or talk to Christen and Maggie Miller or Jackie Sawyer.



TRINITY UNITED METHODIST MEN BRUNSWICK STEW

The Methodist Men will be conducting their annual Brunswick Stew fund raiser on Saturday,

October 11. As this is our primary fund raiser for the year and the funds are used to support the church and several mission programs, we would sincerely appreciate your support. As examples, in 2012 we spent \$3,254 to build a large shed for the church; in 2013 we donated \$1,638 for the renovation of the church kitchen; in 2014 we donated \$2,000 for the new church carpet, and we have budgeted \$2,600 for providing a new shed for the Cub Scouts this year.

Unfortunately, due to increased meat and vegetable prices, we are forced to increase our prices from \$7 to \$8 per quart. However, in appreciation of the Congregation's past support, we are charging only \$7 per quart for "Prepaid Orders" before October 11 and \$8 per quart for "Walk Up" sales on October 11. If you desire to order any stew, please place your order for the number of quarts you desire to purchase and check the block marked "PRE-PAID" on the sign-up sheets located at the back of the sanctuary or on the clip boards circulated during the church services. Pre-Paid orders will be filled before remaining stew is made available for sale to "Walk Up" customers on Saturday, October 11. As we historically sell out, please place your order and pre-pay to ensure you are able to enjoy this delicious southern delicacy! Thanks for your support of this worthy project.

We would also appreciate any volunteer help in cutting up the meats and vegetables for the stew on Friday, October 10 or stirring the Stew on Saturday. Just bring your knives and cutting board and enjoy socializing with your friends/new acquaintances. We will start preparing the ingredients at 5 pm. on Friday, the 10. If there are any questions, please call John Morris at 804-777-9163.



RUDD'S MOBILE HOME PRESERVATION

FROM MISSIONS MINUTES

Bill talked about this trailer park in Richmond that may be forced to close down, leaving many families homeless. There are a few groups working to bring violations to code, especially electrical problems.

Bill asked if we might want to go in there and do some work once the electrical issues are satisfied, and if we might give them some financial contributions, as well. Bill will keep an eye on what is going on and will keep the committee apprised.

ONE HARVEST

The deadline for ordering in person-Thursday October 9 or on line Sunday, October 12 at midnight. See the back of the newsletter for this month's menu.

PUMPKIN PATCH 2014

ED SISMOUR, PUMPKIN PATCH PLANNING COMMITTEE CHAIRMAN

Pumpkin Patch has been an annual fundraiser at Trinity since 1999. To date, we've sold over \$243,000 of pumpkins, Indian corn, gourds and corn stalks, and we have donated nearly \$74,000 to charities and non-profits, including HeartHavens, Charitas, CARES, UMCOR, UMFS, Christmas Mother, and missionary support to name a few. Everyone at Trinity should take great satisfaction in this achievement.

We're trying new ideas this year, revising old ways, and maintaining traditions. The newest endeavor has been our 'home-grown' pumpkin patch. We are trying to increase the number of pre- and elementary schools that visit us. With tight school and family budgets, our pumpkin patch provides a justifiable educational opportunity and local field-trip destination.

Another 'new' idea is a music showcase. The plan is to have live music featuring the vocal talents of various TUMC musical groups. We were rained-out last year, so please pray for nice weather on Oct. 4. Also, on at least one weekend a display area will be set up to promote our Scout Troop and Pack. The 'official' operating hours for Pumpkin Patch are being shortened and the daily tally sheet is being changed to make record keeping easier. Finally, our traditional activities, apple butter, Brunswick stew, the Christmas bazaar, and the Fall Festival, will again be weekend features. In addition to fundraising, I'm optimistic that these activities will engage visitors and encourage those looking for Christ and Christian fellowship to look more closely into Trinity.

October is a busy month and your assistance in large or small ways would be greatly appreciated to make this year's Pumpkin Patch a

success. Volunteers are needed to work the Pumpkin Patch, a few more folks who have time during the day are needed as hosts for small-group visitors, and help is always appreciated preparing or cooking apple butter and stew and helping at the festival.

Set-up will occur Sunday, September 21 at 2 PM and the pumpkins are scheduled to arrive Wednesday, September 24 with off-loading to begin a 5:30 PM. Additional information will be provided through the Sunday announcements and bulletin and on the church website as it becomes available.



Start your family tradition with us!

Opens September 27

Pumpkins - Gourds - Mums

Corn stalks - Straw bales

Weekdays 4:30-7:30 pm

Earlier opening at 3:30 pm after October 13

Weekends Noon-7:30 pm

OR

Schedule a Pumpkin Patch group outing!

Email trinity@trinity-umc.com or call 804/748-2439

Pumpkin Patch and More!

Missions Fundraising & October Fun at Trinity

Upcoming Events:

- Apple Butter - Sept 27
- Live Music - Oct 4
- Brunswick Stew - Oct 11
- Worms Butter - Oct 18
- Pull Festivel - Oct 25

See our website for details!

Trinity
United Methodist Church
An Association of Disciples of Christ
Sharing our witness, sharing our strength
On Rt. 10 at Greenyard Road
Across from Chesterfield Meadows
www.trinity-umc.com

YOUNG AT HEART

The next meeting will be Wednesday, October 29 at 10:30 in Classroom 4 (Scout/Faith room). Our guest speaker will be Chesterfield Senior Advocate Debbie Leidheiser, speaking on the Yellow Sticker Project and other Chesterfield County Senior Services. Light refreshments will follow.

SHERBOURNE FOOD FOCUS

The Sherbourne Food Focus for October is **Canned Chicken and Tuna**.

Also, you can join us on the second Saturday of each month at 9 am at Sherbourne UMC to bag food. Contact Deborah Napolitano with any questions!

TUMC YOUTH

CONGRATULATIONS TO MAGGIE MILLER who has become the representation for Trinity as DYC member at large. She will be helping plan the outreaches such as Willow Run and Blackstone.

HALEY RASMUSSEN has been working with the Middle School on Sundays evening and we are thrilled to have her involved with the youth.

VOLUNTEERS As our numbers of attendance has nearly doubled (how exciting) please see Krystal if you are willing to sit in on Sunday youth times from 5-6:15 pm.

SWADERS was done this year as a kick off for the 2014/2015 School year on Sunday, Sept 21. Eighteen Trinity youth (22 total) went for a time of fellowship.

WILLOW RUN is the retreat where the youth stays in old train box cars off of Lake Gadston. This year we took ten youth and had six of Trinity members singing and playing for the entire trip. We had five youth that had never before attended, and this was a first trip for Bernedette, too!

SEE YOU AT THE POLE was September 24, 2014 where nationwide school faculty and students pray for the upcoming school year. Thank you for all who prayed for the schools and students.

DINNER FOR YOUTH. A special thanks to the youth parents who have cooked for us for numerous meetings. We were blessed 9/14 with Lana and Deborah donating spaghetti Dinner for our meal that evening helping the Children's and Youth Ministries. Please contact Krystal if you would like to feed 15-20 on Oct 26 or Nov 2.

MEETINGS FOR OCTOBER are 10/5; 10/12; 10/19; and 10/26.

Youth Calendar Fundraiser - Now Available!

Preorders ready for pickup, and there are some extra for purchase
1 for \$7 - 2 for \$13 - 3 for \$18

Wall Calendar

Beautiful and Useful!

- Scriptures in NIV
- Highest quality materials and presentation
- Beautiful professional photographs
- 12-month calendar
- 9" x 12" overall size
- Wire spiral binding
- Heavyweight card stock prevents indentation
- Matte finish grid page prevents smudging
- Photo pages have high-gloss coating

Calendar cover photo
© Mary Austin
Mount Zirkel from Arête Ridge Trail
at sunrise with Huckleberries and
Mountain Ash in Fall Color,
Mount Elbert-Big Fourier National Forest, WY

CHILDREN'S MINISTRY NEWS

MARK YOUR CALENDAR – FALL FESTIVAL

There's a chill in the air and you know what that means!! ITS FALL FESTIVAL TIME!!! The TUMC Annual Fall Fest sponsored by the Children's Ministry will be held October 25 from 4-7pm. There will be food, games and prizes for all ages so bring your family and friends for a festive time. Volunteers are needed to help staff games and activities. If you are interested please sign up during worship service or email us at childrensministry@trinity-umc.com

PIE FOR YOU & PIE FOR ME ... WHO MAKES THE BEST PIE WE SHALL SEE.

Participants are needed for the Fall Festival Pie Baking Contest, if you are interested in entering your delicious pie please sign up on the signup sheet or email the Children's Ministry to add your name to the list, a ribbon and prize will be given to the winner.

SWEET TREATS

Candy donations are needed for the Fall Festival. Bags of individually wrapped candy can be placed in the donation box located in the Narthex.



October 23-26, 2014. Check out the new website: <http://kairosgrccs2.org/>

BAKING

The team will need about 5000 cookies for Food Agape for the weekend. If you feel so inclined to have your Sunday School class or any other community group bake cookies, please feel free to do so. We welcome them!

It is very important that you go by the Kairos Cookie Recipe and instructions. Copies are available online at <http://kairosgrccs2.org/> or printed copies are available in the narthex.

PRAYING AND CREATING

While you are baking and packaging, please pray over these cookies that God will use them to change lives for Christ. Kids can get involved, too; place mats or posters that they draw are welcomed. We are also seeking prayer volunteers for a prayer vigil. You can sign up at the Kairos website: <http://kairosgrccs2.org/>

TEAMING AND GOING

We need a team of 35 people to pull off Kairos. We are seeking anyone interested in teaming – or just volunteering or attending the closing ceremony. Contact Maury for more information. It is a very powerful experience.

DEADLINES

I need the COOKIES, POSTERS, and PLACEMATS by October 21. You can leave them in the kitchen. Contact me (Maury) now at 804/393.1504 with any questions. As always God Bless You for working in his Kingdom.

KAIROS 50

Maury Beck

Hello again Trinity Church Family. It is that time of year again; Kairos at Greenville Correctional Center is almost upon us –

BIRTHDAYS

Help us update our information; if your birthday is this month and you are not listed, please notify the office so we won't miss you again!

Oct. 1	Georgina Foster Elizabeth Sawyer
Oct. 3	Ed Sismour
Oct. 4	Lana Lefferts Cindy Frey Krystal Cofer
Oct. 5	Kendell Saunders
Oct. 7	Tyler Farrar Maggie Miller
Oct. 8	Jacob Hairfield Mary McDonald
Oct. 9	Noah Walker
Oct. 12	Alvin Harman
Oct. 14	Laura Shelton
Oct. 15	Bill Lockhufe
Oct. 16	Carol Sanders Violet Frith
Oct. 17	Douglas Cook
Oct. 18	Jacob Reeves Kathy Ruxton Wendy Kump Mary Faris
Oct. 19	Benjamin Saunders Amanda Kelly Alan Tougas
Oct. 21	Preston Arnold II
Oct. 22	Deborah Napolitano
Oct. 23	Jane Quinley
Oct. 25	Dede Nowlin
Oct. 26	Raymond Potter Jr. Kathryn McGuffin
Oct. 29	Tom Reis
Oct. 31	Doris Crowell

OFFERING TELLERS

October 5 & 12	Karen Poole & Aubrey Tarkington
October 19 & 26	Harold Saunders & John Morris

NURSERY WORKERS

October 5	Cindy Morris & Michelle Sawyer
October 12	Dawn Fallon & Jackie Sawyer
October 19	Janet Collins & Diane Springfield
October 26	Emilee Bailey & Jackie Sawyer

SEPTEMBER FELLOWSHIP THANK YOU

LANA LEFFERTS

Mary Palmer and I would like to thank all the children who attended and the parents that brought them to the UMCF on Friday, September 19.

The children ate, heard the Bible story about being a part of "the body of Christ" and then they put their abilities to work to help with October festivities here at Trinity. The 19 children that attended were split into two groups (age 3 to K and grades 1st to 5th) and they made 134 candy bags for Fall Festival and 98 lollipop ghosts for the Pumpkin Patch. Both groups did a wonderful job—thank you for participating! We also would like to thank all the parents that helped with all the activities—you were a God send. I would like to say a special "THANK YOU" to Mary Palmer who was with me at Church almost all day working on this event—without her the work would not have been completed! The evening was a true blessing to me in many ways. Thanks again kids for giving me a wonderful evening!

MISSING A PACK N PLAY?



This Pack N Play crib has been at the church since VBS. Is it yours? If it is not claimed by Fall Festival, it will be donated.

October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30 pm World Drumming 5:45 pm Children's Choirs 7 pm Men's Chorus 7:30 pm Choir	2 7 pm UMW 7 pm AA	3	4 8:00 am UMM 10 am Broken Leg
5 <i>Regular Morning Schedule</i> 4 pm Confirmation 4 pm Odyssey & Chimes 5 pm Treble Clefs 5 pm Youth Group	6 6:30 pm Cub Scouts 7 pm Trinity Belles 7 pm Boy Scouts	7 6:30 pm Cub Scouts 7 pm Praise Team	8 5:30 pm World Drumming 5:45 pm Children's Choirs 6 pm Deerfield Civic Assc. 7 pm Men's Chorus 7:30 pm Choir	9 7 pm AA	10 5pm Stew Prep	11 Brunswick Stew 9:00 am Sherbourne
12 CHILDREN'S SABBATH OneHarvest Online Deadline 9 am Sunday School 9 am Confirmation 10 am Joint Worship Service 4 pm Odyssey & Chimes 4:30 pm Mission Trip Interest Meeting 5 pm Treble Clefs 5 pm Youth Group	13 7 pm Boy Scouts 7 pm Trinity Belles	14 6:30 pm Cub Scout Pack Meeting 7 pm Praise Team	15 5:30 pm World Drumming 5:45 pm Children's Choirs 6:30 pm BSA District Leaders Meeting 7 pm Men's Chorus 7:30 pm Choir	16 7 pm AA	17 9 am-6 pm UMW Bazaar	18 9 am – 2 pm UMW Bazaar 8:30 am One Harvest Distribution
19 <i>Regular Morning Schedule</i> 2 pm Technology Committee 4 pm Confirmation 4 pm Odyssey & Chimes 5 pm Treble Clefs 5 pm Youth Group	20 6:30 pm Cub Scouts 7 pm Trinity Belles 7 pm Boy Scouts	21 6:30 pm Cub Scouts 7 pm Praise Team	22 5:30 pm World Drumming 5:45 pm Children's Choirs 7 pm Men's Chorus 7:30 pm Choir	23 7 pm AA 7 pm Admin Council	24 5 pm UMFS	25 4-7 pm Fall Festival
26 NEWSLETTER DEADLINE <i>Regular Morning Schedule</i> 4 pm Odyssey & Chimes 5 pm Treble Clefs	27 7 pm Trinity Belles 7 pm Boy Scouts	28 6:30 pm Prayer Shawl 7 pm Praise Team	29 10:30 am Young at Heart 5:30 pm World Drumming 5:45 pm Children's Choirs 7 pm Men's Chorus 7:30 pm Choir	30 7 pm AA	31	



OCTOBER 2014 MENU

No restrictions or limitations!
Anyone can order

#1 FAMILY BOX \$37.50

3.5 lb Avg Whole Fryer Chicken
 2 lb Bacon/Cheddar Hamburger Patties (6 burgers)
 12 oz Mediterranean Cod Fillets
 12 oz Thai Chili Salmon Fillets
 2.5 lb Avg Breaded Cut-Up Chicken (Bone In)
 1 lb Premium Ground Beef
 1 lb Premium Breakfast Sausage
 2 ct Old El Paso Chicken Burritos
 32 oz Tri-Cut Roasted Seasoned Potatoes Wedges
 14 oz Kraft Macaroni & Cheese (2-7 oz pkgs)
 14 oz Frozen Broccoli Florets
 16 oz Frozen Green Beans
 16 oz Fresh Frozen Sliced Carrots
 14.5 oz Box Aunt Jemima Buttermilk Pancakes (12 Pancakes)
 1 lb Whole Grain Brown Rice
 1 lb Spaghetti
 Dessert Item

#2 MORE THAN ENOUGH BOX \$46.00

2 lb Founder Fillets
 1.5 lb Boneless Center Cut Pork Chop
 1 - 1.25 lb Avg Breaded Veal Patties (5 patties)
 3.5 lb Avg Whole Fryer Chicken
 2 lb Bacon/Cheddar Hamburger Patties (6 burgers)
 12 oz Mediterranean Cod Fillets
 12 oz Thai Chili Salmon Fillets
 2.5 lb Avg Breaded Cut-Up Chicken (Bone In)
 1 lb Premium Ground Beef
 1 lb Premium Breakfast Sausage
 2 ct Old El Paso Chicken Burritos
 32 oz Tri-Cut Roasted Seasoned Potatoes Wedges
 14 oz Kraft Macaroni & Cheese (2-7 oz pkgs)
 14 oz Frozen Broccoli Florets
 16 oz Fresh Frozen Sliced Carrots
 14.5 oz Box Aunt Jemima Buttermilk Pancakes (12 Pancakes)
 1 lb Whole Grain Brown Rice
 1 lb Spaghetti
 Double Crust Apple Pie

#4 FRESH FROZEN VEGGIE BOX \$27.00

ALL ITEMS IN THE BOX ARE FRESH FROZEN

1lb FF Strawberries	12 ct Frozen Southern Biscuits
1lb FF Sliced Carrots	1lb FF Corn on the Cob
1lb FF Broccoli Florets	1lb FF Green Peas and Carrots
1lb FF Mixed Vegetables	1lb FF Vegetable Gumbo
1lb FF Sliced Yellow Squash	1lb FF Breaded Okra
1lb FF Speckled Butter Beans	1lb FF White Shoepig Corn
1lb FF Field Peas with Snaps	1lb FF Stir-Fry Mixed Vegetables
1lb FF Green Peas	1lb FF Green Beans

**CHURCH ORDER DEADLINE FRI OCT 10
ONLINE ORDER DEADLINE SUN OCT 12
DELIVERY DATE SATURDAY OCT 18**

#3 GOLDEN CUISINE EXPRESS MEALS

10 MEALS FOR \$29.95 (MSG FREE)

Easy to prepare in a conventional oven, microwave or toaster oven

Single Portion, Diabetic and Cholesterol Friendly

- Breaded Baked Fish served on a Garden Pasta Medley with Brussels Sprouts & Yellow Squash
- Chicken w/Rice and Mushroom Sauce & Swiss Cheese served w/Broccoli & Carrots
- Roasted Chicken w/Red Skin Potatoes and Sugar Snap Peas & Carrots
- Swedish Meatballs over Noodles in sauce w/Broccoli & a Black Bean blend
- Ginger Chicken pieces in a sesame ginger sauce over rice & vegetables served with Sugar Snap Peas & Cauliflower
- Breaded Chicken Patty w/Mozzarella & Marinara sauce over Fettuccine served with Yellow Squash & Zucchini
- Meatloaf Patty with Tangy Tomato Sauce on Mashed Potatoes served w/ Brussels Sprouts & Corn
- Chili with Beef and Beans, Sweet Potatoes, Green Beans
- Turkey Medallions, w/Cannellini beans & Peas over Bowtie Pasta served w/Yellow Squash & Spinach & Chickpeas
- Chicken Teriyaki over a Rice & Vegetable blend served w/Sugar Snap Peas & Squash

#5 PORK CHOP SPECIAL \$29.95

10lbs Boneless Center Cut Pork Chops

#6 PREMIUM GRILLING SPECIAL \$49.95

- (4) 8 oz USDA Sirloin Steaks (2lb)
- (4) 8oz Marinated Rib Eyes (2lb)
- 4 lb Marinated Chicken Breasts

#7 BREADED CHICKEN BREAST FILET \$25.00

10lbs Breaded Boneless Chicken Breast Filets (2 – 5lb bags)

#8 KIDS BOX \$29.00

Microwavable, heat and serve or shelf stable items

32oz McCains Ham & Cheese Bowls	(2) 7 oz Heat & Eat Mac & Cheese
(2) Tony's Cheese Pizzas	(2) Tony's Pepperoni Pizzas
11.5 oz Oatmeal with Peaches	1 lb Quick Grits
(4) Tyson Mini BBQ Sandwiches	13 oz Tray Fudge Brownies
(4) Mini Grilled Chicken w/Bacon Sandwiches	
(4) Mini Grilled Buffalo Chicken Sandwiches	
2 ct Old El Paso Chicken Burritos	
14.5 oz box Aunt Jemima Buttermilk Pancakes	

#9 BONELESS SKINLESS CHICKEN BREAST \$26.50

10lbs Boneless Skinless Chicken Breast

#10 BREADED YELLOWFIN FLOUNDER \$24.50

10lbs Breaded Yellowfin Flounder

#11 THANKSGIVING BOX \$35.00

PRE-ORDER FOR NOVEMBER DELIVERY

10-12 lb Avg Whole Turkey	28oz Frozen Broccoli Florets
28oz Frozen Cut Yellow Corn	32oz Frozen Sliced Carrots
13.2oz Butter & Herb Mash Potato	12oz Cornbread Stuffing Mix
8oz Jiffy Buttermilk Biscuit Mix	8oz Jiffy Corn Muffin Mix
2 Pies – Pumpkin or Fruit	

ORDER IN OCTOBER FOR NOVEMBER 22 DISTRIBUTION

Order online at: oneharvest.com

**Item weights are approximate. In the event of a shortage, items may be substituted.